

# Clinical trial on the effect of Resolvis on ocular surface diseases.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON26119

### Source

NTR

### Health condition

dry eye

## Sponsors and support

**Primary sponsor:** Medivis srl, c.so Italia 171, 95127 Catania

**Source(s) of monetary or material Support:** Medivis srl, c.so Italia 171, 95127 Catania

## Intervention

## Outcome measures

### Primary outcome

Increased stability of the tear film measured by tear break-up time (BUT).

### Secondary outcome

Reduced symptoms (measured by means of a specific questionnaire, ocular surface disease index), and ocular surface signs and inflammation (measured by fluorescein and lissamine green staining of the ocular surface, HLA-DR expression) after treatment of dry eye.

## Study description

### Background summary

Alterations of the tear film induce ocular surface changes and determine frequent diseases such as dry eye. Omega 3 fatty acid have been demonstrated to be effective in treating dry eye and improving ocular surface conditions when administered orally in humans and topically in a mouse model of dry eye. This study for the first time analyzes the effect of a topical therapy with omega 3 in a double masked randomized clinical trial.

### Study objective

The hypothesis of this study is that omega 3 fatty acid in an artificial tear ameliorates symptoms and ocular surface signs in patients with dry eye.

### Study design

7 and 28 days.

### Intervention

Treatment with Resolvis (bis in die = 2 times/day) for 28 days will be given at the study group (N=15).

The control group (N=15) includes patients with symptoms and signs of dry eye as the treated group, but they will undergo the saline solution with the same posology.

## Contacts

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## Eligibility criteria

### Inclusion criteria

1. Symptoms of dry eye;
2. And at least 2 of the following:
  - A. Schirmer test < 8mm/5 min;
  - B. BUT <10 sec;
  - C. Lissamine green staining > or = 3.

### Exclusion criteria

1. Glaucoma;
2. Ocular surface infections;
3. Corneal ulcer;
4. Conjunctival infections;
5. Treatment with anti-inflammatory drugs and cyclosporine in the 3 months preceding the study;
6. Surgical procedures in the 3 months preceding the study;
7. Antiglaucoma therapies;
8. Contact lens use 7 days before the study.

## Study design

### Design

Study type: Interventional

Intervention model: Parallel

Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo

## Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-11-2011
Enrollment:	30
Type:	Actual

## Ethics review

Positive opinion	
Date:	14-11-2011
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL2995
NTR-old	NTR3143
Other	: MDV0705-010-08
ISRCTN	ISRCTN wordt niet meer aangevraagd.

## Study results

### Summary results

Rashid S, Jin Y, Ecoiffier T, Barabino S, Schaumberg DA, Dana MR. Topical omega-3 and omega-6 Fatty acids for treatment of dry eye. Arch Ophthalmol 2008;126:219-225.