

Computer-tailored health information for parents with young children combined with personal counselling in well-child care.

No registrations found.

Ethical review	Positive opinion
Status	Recruitment stopped
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON26128

Source

NTR

Brief title

N/A

Health condition

unintentional injuries and overweight in young children age 0-4 years

Sponsors and support

Source(s) of monetary or material Support: Name: ZonMw - the Netherlands

Organisation for Health Research and Development

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Intervention

Outcome measures

Primary outcome

1. Parents' child safety behaviors relevant to prevention of burns, drowning, falls, and poisoning; intentions to adopt child safety behaviors; beliefs about preventive behaviors;
2. Children's physical activity and child nutrition and feeding practices; awareness of physical activity behavior and feeding practices.

Secondary outcome

Well-child care provider: satisfaction with well-child visit
Parents: satisfaction with well-child visits.

Study description

Background summary

Parents determine to a large extent the health, development and well being of their children. Parents are in need of information and support that is based on their individual characteristics and situation. Dutch well-child care organizations function on a high level and have a large reach in the general population (90%). One of the main tasks of well-child care organizations is to give parents the health information they need. The main goal of this project is to support the parents of young children (age 0-4 years old) with the questions they can have regarding the optimal health, nutrition and safety of their child. A secondary goal is to support youth health care organizations in their estimation of health education needs and to translate these needs into tailored health information. Therefore a computer-tailored health education tool will be developed, which can be offered to parents in combination with personal counselling. The tool will be developed in dialogue with parents and youth health care organizations and implemented among two youth health care organizations.

Study objective

The computer-tailored health information in combination with personal counselling leads to:

1. Improvement of health behaviors;
2. Improvement of parental satisfaction with well-child care visits;
3. Improvement of well-child care provider satisfaction with well-child care visits.

Intervention

Parents are randomised into one of two groups below:

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1. Tailored health information in combination with personal counselling; or 2. Usual care. Depending on the age of the child, the topics of the tailored health education program will differ. Parents of baby's (n=240) will receive health information on safety behaviors. Parents of toddlers (n=240) will receive health information on overweight related health behaviors: physical activity and nutrition. Parents in the intervention group will access the computer-tailored health education program at their homes through the internet. After completion of the assessment questions, the program compiles a tailored health information handout. During the next well-child visit the well-child care provider will discuss this tailored health information with the parent.

Contacts

Public

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Eligibility criteria

Inclusion criteria

Parents visiting the youth health care center for well-child visits.

Exclusion criteria

Those parents who are not able to read and understand Dutch sufficiently.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Masking:	Open (masking not used)
Control:	N/A , unknown

Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-04-2006
Enrollment:	480
Type:	Actual

Ethics review

Positive opinion	
Date:	02-03-2006
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register

NTR-new

NTR-old

Other

ISRCTN

ID

NL561

NTR616

: 4010.0033

ISRCTN53855434

Study results

Summary results

N/A