

# The effect of pre- and postoperative supplemental enteral nutrition in high-risk patients undergoing elective cardiac surgery. A prospective randomized placebo controlled double blind multicenter trial.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON26142

### Source

NTR

### Brief title

IMPACT II

### Health condition

High risk patients undergoing elective cardiac surgery.

## Sponsors and support

**Primary sponsor:** Academic Medical Centre

**Source(s) of monetary or material Support:** Novartis Nutrition  
Bern  
Switzerland

## Intervention

## Outcome measures

### Primary outcome

Postoperative morbidity, e.g. infectious morbidity & organ (dys)function.

### Secondary outcome

1. Immunological parameters (inflammatory response);
2. ICU and hospital stay of length.

## Study description

### Background summary

Preoperative oral immune enhancing nutritional supplement reduces postoperative infectious morbidity and results in a more stable circulation; the addition of glycine does not result in any beneficial effect over standard oral immune enhancing nutritional supplement.

### Study objective

To study the effects of a pre-operative supplemental enteral feeding with IMPACT® on the systemic inflammatory response to cardiopulmonary bypass and on immunological parameters will be examined.

### Study design

N/A

### Intervention

All patients receive an oral nutritional supplement for at least 5 days with a maximum of 10 days before their operation in addition to their normal diet. One treatment group received a supplement that was enriched with arginine, omega-3 PUFAs and nucleotides compared to the control. The other treatment group received a supplement that was further enriched with glycine compared with the first treatment group. Patients that needed enteral nutrition postoperatively received a formula that was comparable with the preoperative supplement.

## Contacts

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## Eligibility criteria

### **Inclusion criteria**

Patients aged  $\geq 70$  years undergoing coronary bypass grafting, or pre-operative fraction  $< 0.40$  or patients undergoing mitral valve replacements or combinations.

### **Exclusion criteria**

1. Age  $< 21$  years;
2. Pregnancy;
3. Insulin dependent diabetes mellitus;
4. Hepatic cirrhosis;
5. Known malignancy;
6. Use of chemotherapy, NSAIDs or corticosteroids;
7. Schizophrenia;
8. Severe renal failure;

9. Patients with organ transplantation in the past.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-05-1996
Enrollment:	74
Type:	Actual

## Ethics review

Positive opinion	
Date:	06-10-2005
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL410
NTR-old	NTR450
Other	: 96.17.066
ISRCTN	ISRCTN37657221

## Study results

### Summary results

JPEN J Parenter Enteral Nutr. 2007 May-Jun;31(3):173-80. <br>

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Abstract NESPEN, december 2004.<br>