## Creating a Trauma-Sensitive School Climate: implementing trauma-informed practice in education through staff training and organisational focus.

No registrations found.

Ethical review	Not applicable
Status	Other
Health condition type	-
Study type	Interventional

## Summary

#### ID

**NL-OMON26197** 

Source NTR

Brief title TSO

**Health condition** 

Not applicable

#### **Sponsors and support**

Primary sponsor: not applicable Source(s) of monetary or material Support: NRO

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

Reduction of trauma symptoms, behavioural problems, and improvement of self-regulation

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#### Secondary outcome

Improvement of trauma knowledge, experienced competence in working with traumatised children, teacher-student alliance, perceived quality of class climate in teachers

## **Study description**

#### **Background summary**

More than two thirds of children experience one or more so called adverse childhood experiences before turning eighteen (Bethell, Davis, Gombojav, Stumbo & Powers, 2017). Most teachers are insufficiently aware of the negative impact of traumatic events on students' behaviour, wellbeing and academic achievement. Consequently, teachers do not sufficiently address the specific educational and supportive needs of students who have developed educational and/or behavioural problems as a consequence of traumatic events. The implementation of trauma-informed practices in schools is essential to compensate for the possible adverse effects of traumatic events.

The effects of programmes developed to improve trauma-informed practices in schools have not been studied extensively.

The present project aims to implement and investigate the effectiveness of the Trauma-Sensitive Schools' programme (Coppens, Schneijderberg, & Van Kregten, 2016), which professionalizes teachers and helps to create trauma-sensitive climates in schools by implementing trauma-informed practices. The programme helps teachers to understand students' behaviour and performances, and teaches them how to apply specific knowledge about brain development and developmental trauma.

It is hypothesized that the implementation of trauma-informed practices in schools will help teachers to better understand, recognize and respond to students' trauma-based behaviour. In turn, this will help remediate the negative impact of trauma on students' functioning. Primary outcomes regarding the effectiveness of the Trauma-Sensitive Schools' programme relate to improved teacher's self-efficacy, teacher-student alliance and class climate. Secondary outcomes are reduction of students' trauma symptoms and behavioural problems and improved self-regulation and resilience.

#### **Study objective**

1. The implementation of the Trauma-Sensitive Schools' programme in (special) education contributes to improved student functioning.

2. The implementation of the Trauma-Sensitive Schools' programme in (special) education contributes to enhanced teacher knowledge and competencies regarding trauma-informed practices.

#### Study design

six measures over two consecutive school years

#### Intervention

Implementation of trauma informed education

## Contacts

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## **Eligibility criteria**

#### **Inclusion criteria**

Informed consent; age 8-18 years; IQ>70; ACE  $\geq$  2 or ACE  $\geq$  1 AND CRIES  $\geq$  30

### **Exclusion criteria**

If not met inclusion criteria

## Study design

#### Design

Study type:

Interventional

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Non controlled trial
Other

#### Recruitment

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NL	
Recruitment status:	Other
Start date (anticipated):	01-11-2018
Enrollment:	205
Туре:	Unknown

#### **IPD** sharing statement

Plan to share IPD: Undecided

## **Ethics review**

Not applicable Application type:

Not applicable

## **Study registrations**

#### Followed up by the following (possibly more current) registration

No registrations found.

#### Other (possibly less up-to-date) registrations in this register

No registrations found.

#### In other registers

# Register IDNTR-newNL7858OtherNRO approved by ETC Radboud University Nijmegen : 40.5.18540.143

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## **Study results**