# Exenatide-study.

No registrations found.

Ethical review	Positive opinion
Status	Recruitment stopped
Health condition type	-
Study type	Interventional

## **Summary**

### ID

NL-OMON26218

Source NTR

Brief title Exenatide-study

#### **Health condition**

Type 2 Diabetes Mellitus.

### **Sponsors and support**

Primary sponsor: Eli Lilly and Company, Lilly Nederland BV Source(s) of monetary or material Support: Eli Lilly and Company, Lilly Nederland BV

### Intervention

#### **Outcome measures**

#### **Primary outcome**

Glycaemic control and beta-cell function, measured at baseline and after 52 weeks of exenatide or insulin glargine administration.

#### Secondary outcome

1. Postprandial blood glucose, lipids, lipoproteins and markers of inflammation, coagulation, endothelial function;

1 - Exenatide-study. 8-05-2025

2. Proportion of subjects with baseline HbA1c >7.0% that achieve HbA1c  $\pm$ 7.0%. Proportion of subjects with baseline HbA1c >6.5% that achieve HbA1c  $\pm$ 6.5%;

3. Seven-point self-monitored blood glucose profiles.

## **Study description**

#### **Background summary**

A Phase 3, randomised, open-label, comparator-controlled, parallel-group, multicenter, study is comparing the effects of exenatide and insulin glargine on beta-cell function in subjects with type 2 diabetes mellitus who have not achieved target HbA1c (£7.0%) using metformin therapy.

75 insulin-naive subjects (25 per research center and approximately 37 per treatment group) will be studied.

Subjects will be males or females, 30 to 70 years of age, with a BMI  $^325$  kg/m2 and £40 kg/m2 at screening.

Subjects must have a HbA1c between 6.6% and 9.5%, inclusive.

#### Study objective

Exenatide improves first and second phase insuline secretion compared to insulin glargine.

#### Study design

N/A

#### Intervention

Randomisation in 2 arms (exenatide vs. insulin glargine). The duration of the intervention is 52 weeks. Exenatide and insulin glargine dose titration will be based upon HbA1c and fasting plasma glucose, respectively.

## Contacts

#### Public

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## **Eligibility criteria**

### **Inclusion criteria**

- 1. Patients with type 2 diabetes mellitus (m/f);
- 2. 30-70 years of age;
- 3. Body mass index 25-40 kg/m2;
- 4. Using stable (>2 months) oral anti-diabetic therapy with metformine alone;
- 5. Subjects must have HbA1c between 6.6% and 9.5%, inclusive.

### **Exclusion criteria**

1. Use of oral anti-diabetic therapy other than metformine.

2. Clinical significant history or presence of hepatic-, renal-, central nervous system-, gastrointestinal-, haematological- and pulmonary disease;

- 3. Blood pressure >165/95.
- 4. Electrocardiogram with clinically significant abnormalities as judged by the investigator;
- 5. The use of prohibited medication as specified in the protocol.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	15-10-2004
Enrollment:	75
Туре:	Actual

## **Ethics review**

Positive opinion	
Date:	09-09-2005
Application type:	First submission

## **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL245
NTR-old	NTR283
Other	: N/A
ISRCTN	ISRCTN87762302

## **Study results**

Summary results

N/A