

Randomised controlled trial to evaluate tolerance, intake and safety of a new high-energy high-protein oral nutritional supplement in elderly subjects in need of oral nutritional support.

No registrations found.

| | |
|------------------------------|---------------------|
| Ethical review | Positive opinion |
| Status | Recruitment stopped |
| Health condition type | - |
| Study type | Interventional |

Summary

ID

NL-OMON26236

Source

Nationaal Trial Register

Brief title

Compass

Health condition

Malnutrition

Ondervoeding

Sponsors and support

Primary sponsor: Danone Research - Centre for Specialised Nutrition

Source(s) of monetary or material Support: Danone Research - Centre for Specialised Nutrition

Intervention

Outcome measures

Primary outcome

Tolerance:

1. Daily stool frequency and consistency;
2. Incidence and intensity of gastrointestinal symptoms.

Secondary outcome

Intake and safety.

Study description

Background summary

In this trial a new high-energy high-protein oral nutritional supplement will be compared with standard high-energy high-protein oral nutritional supplement on tolerance in elderly subjects in need of oral nutritional support.

Study objective

Tolerance to new high-energy high-protein oral nutritional supplement is equal to standard high-energy high-protein oral nutritional supplement.

Study design

Screening, Baseline, week 1, week 2, week 3, week 4, week 5, week 6, week 7, week 8, Follow-up.

Intervention

Duration of intervention: 56 days.

1. Intervention group: New high-energy high-protein oral nutritional supplement;
2. Control group: Standard high-energy high-protein oral nutritional supplement.

Contacts

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Eligibility criteria

Inclusion criteria

1. Male/female subjects \geq 65 years of age;
2. Subject is in need of oral nutritional support of \geq 300 kcal/day;
3. Subject is expected to require oral nutritional support for at least 8 weeks;
4. Subject has given written informed consent;
5. Subject is able to comply with the protocol (e.g. answer questions, collect urine).

Exclusion criteria

1. Known inflammatory bowel disease (e.g. Crohn's disease);
2. Known lactose intolerance and not using lactase;
3. Known galactosaemia;
4. Known cow's milk allergy;

5. Known major hepatic dysfunction: symptomatic hepatic dysfunction or previous serum transaminase (ALAT, ASAT, or alkaline phosphatase) levels more than 5 times upper limit of normal;
6. Known renal dysfunction: symptomatic renal dysfunction or a previous GFR < 60 mL/min/1.73 m² for longer than 3 months (stage 3 - stage 5 chronic kidney disease);
7. Requirement of a protein restricted diet (such as for renal failure);
8. Ileostomy or colostomy;
9. Parenteral feeding;
10. Tube feeding;
11. Investigator's uncertainty about the willingness or ability of the subject to comply with the protocol requirements;
12. Participation in any other studies involving investigational or marketed products concomitantly or within two weeks prior to entry into the study.

Study design

Design

| | |
|---------------------|-------------------------------|
| Study type: | Interventional |
| Intervention model: | Parallel |
| Allocation: | Randomized controlled trial |
| Masking: | Single blinded (masking used) |
| Control: | Active |

Recruitment

| | |
|---------------------------|---------------------|
| NL | |
| Recruitment status: | Recruitment stopped |
| Start date (anticipated): | 14-10-2010 |
| Enrollment: | 68 |
| Type: | Actual |

Ethics review

Positive opinion

Date: 12-10-2010

Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

| Register | ID |
|----------|-------------------------------------|
| NTR-new | NL2449 |
| NTR-old | NTR2565 |
| Other | Danone Research : Sip.4.C/C |
| ISRCTN | ISRCTN wordt niet meer aangevraagd. |

Study results

Summary results

N/A