## DoRa studie

No registrations found.

**Ethical review** Not applicable

**Status** Other

Health condition type -

**Study type** Observational non invasive

## **Summary**

#### ID

NL-OMON26416

**Source** 

NTR

**Brief title** 

DoRa

**Health condition** 

PEP, HIV

### **Sponsors and support**

**Primary sponsor:** University Medical Centrum Utrecht **Source(s) of monetary or material Support:** MSD

### Intervention

### **Outcome measures**

### **Primary outcome**

- -Grade 2 to 4 neurocognitive adverse events (according to Division of AIDS (DAIDS) Table for Grading the Severity of Adult and Pediatric Adverse Events, version 2.0, published in November 2014)
- -BSI questionnaire score
- -SF-36 questionnaire score

-Insomnia severity questionnaire score

### **Secondary outcome**

- -Grade 2 to 4 non-neurocognitive clinical adverse events
- -Grade 3 to 4 laboratory adverse events

Both according to Division of AIDS (DAIDS) Table for Grading the Severity of Adult and Pediatric Adverse Events, version 2.0, published in November 2014.

## **Study description**

### **Background summary**

Study will not start, because of withdraw sponsor.

Background of the study:

People who have been exposed to the risk of HIV transmission are offered the postexposure prophylaxis (PEP)

consisting of three antiretroviral drugs which are used during 28 days. This treatment should be started soon as

possible after an accident. Currently the guidelines recommend use of an integrase inhibitor (INSTI) dolutegravir (DTG)

or raltegravir (RAL) in combination with two nucleo(s)tide reverse transcription inhibitors (NRTIs). Both INSTI are

deemed to have a favorable side effects profile. All these antiretroviral drugs are registered and available in the

Netherlands for the treatment of HIV (Human immunodeficiency virus) infection. The guidelines of Dutch HIV

physicians association chose in 2014 for DTG as preferred INSTI component of the PEP due to better therapy

adherence because its once daily formulation. At that moment, RAL was only marketed for bid use. In 2017, the once

daily formulation of RAL has been approved as well.

In the registration studies and in the later meta-analyses no differences were found between the incidence of (serious)

side effects and discontinuation rates when DTG was compared to RAL for treatment of HIV infection. No study was

performed to compare these two INSTI in patients who use these medicines in the setting of the PEP, which brings an acute emotional stress and requires start of treatment without delay. Generally, occurrence of side effects during the

PEP and early termination of this treatment are common, although most of the data are retrospective and regarded the

use of 'older' antiretroviral agents like zidovudine, complex treatment regimens with protease inhibitors and food restrictions.

Recently, the data have emerged about the unexpectedly high incidence of neurocognitive and psychiatric side effects

and sleep disorders in the clinical cohorts of patients with HIV infection treated with DTG as a part of their antiretroviral

regimen. The proportion of patients who discontinued a DTG containing treatment varied considerably in different

analyses, from 3,8 to 10,8%. As the side effects were frequently seen in the first weeks after start of DTG, the question

arises if this agent is an appropriate option for the short PEP course in patients already exposed to an acute emotional

stress which may make them even more susceptible to neurocognitive or psychiatric adverse events. Although RAL

also was identified as a drug which can induce depression, the incidence of discontinuation due to neurocognitive

complaints was found to be lower than for DTG. As new RAL formulation now allows a construction of once-daily PEP

regimen, it is worthwhile to evaluate if there is any difference in the tolerability of RAL when compared to DTG in this

setting. To our best knowledge, no study was published by now which compared the tolerability of DTG and RAL as a part of the PEP regimen.

### Objective of the study:

#### Primary Objective:

To investigate whether significantly more patients on DTG will report at least one grade 2 to 4 side effect attributable to

the medication compared to patients on RAL, both used in combination with tenofovir disoproxil (TDF)/emtricitabine

(FTC) or TDF/lamivudine (3TC) as PEP, during the 28-days of treatment.

### Secondary Objectives:

- Numerical frequency of any side effects in both groups
- Proportion of patients in both groups who switch or interrupt the initial PEP combination due

to the side effects

- Impact of the PEP on the quality of life of the patients
- Proportion of patients with grade 3 or 4 laboratory abnormality in both groups

### Study design:

Two-period, two-intervention cluster-randomized cross over trial, with two intervention periods of 6 months in every participating center.

Every center will include patients during 12 months, which will be divided in two periods. Centers will include the patients in two periods (cluster rotation) to either:

- Period 1 (month 1 through 6): DTG + TDF/FTC or 3TC
- Period 2 (month 7 through 12): RAL + TDF/FTC or 3TC

or

- Period 1 (month 1 through 6): RAL + TDF/FTC or 3TC
- Period 2 (month 7 through 12): DTG + TDF/FTC or 3TC

In period 1, centers will start with the treatment which is their standard of care at the moment of study initiation.

A switch between treatment strategies within 6 months in the same center is not allowed.

Dosages of the medication:

Dolutegravir 50 mg (= 1 tablet) qd

Raltegravir 1200 mg (= 2 tablets a 600 mg) qd

Tenofovir difumarate/emtricitabine 245/200 mg (= 1 tablet) gd

Tenofovir difumarate 245 mg (= 1 tablet) gd

Lamivudine 300 mg (= 1 tablet) qd

The choice of the NRTI backbone (co-formulated TDF/FTC versus TDF and 3TC given as separate tablets) will be at discretion of the treating physician and will be the same during the two treatment periods for

a participating center.

The whole regimen can be taken with or without a meal. All tablets should be taken at once, with an interval of approximately 24 hours.

The duration of treatment is 28 days.

#### Study population:

Patients who start the PEP against HIV infection with DTG or RAL, both combined with TDF/FTC or TDF/3TC. Age 18 years or older.

Patients who present to the hospital (Emergency Department or Out-patient department of Infectious Diseases), fulfill

the inclusion and do not have any exclusion criteria, will be informed about the study and obtain the written study

information. During the first out-patient visit they will be asked if they want to participate in the study, additional

questions will be answered and if they chose to participate then informed consent will be signed. Patient will be asked

to consent that the clinical and laboratory information from the day of first presentation may be used for the study purposes.

Primary study parameters/outcome of the study:

-Grade 2 to 4 neurocognitive adverse events (according to Division of AIDS (DAIDS) Table for Grading the Severity of

Adult and Pediatric Adverse Events, version 2.0, published in November 2014)

- -BSI questionnaire score
- -SF-36 questionnaire score
- -Insomnia severity questionnaire score

Secundary study parameters/outcome of the study (if applicable):

-Grade 2 to 4 non-neurocognitive clinical adverse events

-Grade 3 to 4 laboratory adverse events

Both according to Division of AIDS (DAIDS) Table for Grading the Severity of Adult and Pediatric Adverse Events, version 2.0, published in November 2014.

Nature and extent of the burden and risks associated with participation, benefit and group relatedness (if applicable):

No risk or benefit for the participant. Less time is asked.

### **Study objective**

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### Study design

all will be evaluate at the end of the study

#### Intervention

none

### **Contacts**

#### **Public**

B. Silvius

Utrecht

The Netherlands

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### **Scientific**

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B. Silvius

Utrecht

The Netherlands

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## **Eligibility criteria**

### Inclusion criteria

- -Indication for start of postexposure prophylaxis with either DTG or RAL, next to two NRTI agents which will be prescribed by the attending physician at presentation
- -No contra-indications against either DTG or RAL both with TDF / FTC or 3TC in the judgement of the prescribing physician
- -Start of PEP ¡Ü 72 hours before the day of study inclusion
- -18 years or older
- -Able to understand the study information and sign an informed consent
- -Willing and according to the investigator able to follow the study procedures

### **Exclusion criteria**

- -pregnancy
- -lactation
- -baseline laboratory results abnormalities which fall in Grade 3 and 4 according to the Division of AIDS (DAIDS) Table for Grading the Severity of Adult and Pediatric Adverse Events, version 2.0 November 2014
- -not being able to adhere to study procedures according to the treating physician
- -unable to fill of understand the study questionnaires (provided in Dutch or English)
- -active hepatitis B
- -eGFR<60 ml/min
- -ALAT>5 times ULN
- -positive HIV serology at baseline

## Study design

### **Design**

Study type: Observational non invasive

Intervention model: Crossover

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Control: N/A, unknown

### Recruitment

NL

Recruitment status: Other

Start date (anticipated): 01-05-2018

Enrollment: 200

Type: Unknown

### **IPD** sharing statement

Plan to share IPD: Undecided

### **Ethics review**

Not applicable

Application type: Not applicable

## **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL6926 NTR-old NTR7122

Other -: 2018-000974-31

# **Study results**