# Mild traumatic brain injury and Outcomes with VIsual patient Education (MOVIE), a randomised controlled trial.

No registrations found.

**Ethical review** Positive opinion

**Status** Pending

Health condition type -

**Study type** Interventional

## **Summary**

#### ID

NL-OMON26501

**Source** 

NTR

**Brief title** 

**MOVIE-trial** 

#### **Health condition**

Mild Traumatic Brain Injury (MTBI) Licht traumatische Hoofd-/Hersenletsel (LTH)

## **Sponsors and support**

**Primary sponsor:** Erasmus Medical Center

Medical Centre Haaglanden Sint Franciscus Vlietland Groep

Westfriesgasthuis

Source(s) of monetary or material Support: De Nederlandse Hersenstichting

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

The occurrence and severity of post-concussion symptoms measured by the 'Rivermead Post-Concussion Questionnaire' at 1 week and 3 months

#### **Secondary outcome**

- Return to usual activities (absence of work questionnaire).
- Return visit to the ED/visit to GP/outpatient clinic.
- Understanding of diagnosis by 3 questions about MTBI
- Anxiety and Depression in patients with MTBI according to HADS questionnaire
- Patient satisfaction on a 10-point scale
- Quality of life by Short Form-36 Health Survey (SF-36)
- Costs of intervention and productivity costs (costs of absence from work and reduced productivity while at work)

## **Study description**

#### **Background summary**

Rationale: Mild traumatic brain injury (MTBI) is a common diagnosis at the Emergency department (ED). It is estimated that approximately 85,000 patients in the Netherlands suffer from MTBI each year, of whom 12,580 patients are seen at the ED of Dutch hospitals. In the first weeks to months after MTBI 17-78% of patients suffer from post-concussion symptoms. Previous studies indicate that knowledge and understanding of post-concussion symptoms by the patient may reduce incidence and/or severity of such complaints.

Objective: Our main objective is to study the effect of patient information on occurrence and severity of post-concussion symptoms in patients with MTBI.

Study design: A multi-centre prospective study will be conducted in two phases. Phase 1 is measurement of standard care. Phase 2 is a Randomized Controlled Trial (RCT), comparing standard management, with two intervention groups.

Study population: All patients >18 years with MTBI attending the ED may be eligible for inclusion.

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Intervention (if applicable): Patients will receive a printed folder (written information) in the first intervention group, and in the second intervention group patients will receive written information and they will be asked to watch a video explaining the course of posttraumatic symptoms.

Main study parameters/endpoints: The primary outcome will be the occurrence and severity of post-concussion symptoms at one week and three months after attending the ED.

#### Study objective

Our hypothesis is that receiving written and audio-visual patient information will reduce the frequency and severity of post-concussion symptoms in patients with MTBI.

#### Study design

1 week and 3 months

#### Intervention

An online video with discharge instructions will be shown, and/or a link to the video will be provided in the leaflet.

## **Contacts**

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# **Eligibility criteria**

#### Inclusion criteria

Patients attending the ED of the participating centres with MTBI according to the definition of the Dutch institute for healthcare improvement (CBO):

- Every trauma to the head with a Glasgow Coma Scale score at first examination greater than 13.
- Post-traumatic loss of consciousness less than 30 minutes,
- and Post-traumatic amnesia not more than 24 hours

#### **Exclusion criteria**

- Intracranial abnormality on CT-scan
- Focal Neurological deficit
- Language barrier
- No informed consent

## Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

#### Recruitment

NL

Recruitment status: Pending

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Start date (anticipated): 01-12-2015

Enrollment: 1152

Type: Anticipated

## **Ethics review**

Positive opinion

Date: 25-10-2015

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL5355 NTR-old NTR5465

Other Medische Ethische Commissie: MEC-2015-546

# **Study results**