

# Cost-effectiveness of cognitive behaviour therapy for recent onset schizophrenia patients with persistent and recurrent psychosis.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON26514

### Source

NTR

### Brief title

COCOS

### Health condition

Schizophrenia

## Sponsors and support

**Primary sponsor:** no sponsoring by industry

**Source(s) of monetary or material Support:** Zorg onderzoek Nederland MW

## Intervention

## Outcome measures

### Primary outcome

Days functioning in normal range based on PSYRAYS and SFS: minimal suffering and

functional restrictions by delusions and/or hallucinations and SFS normal social functioning.

### **Secondary outcome**

1. Medication compliance;
2. Number of relapses;
3. Psychiatric symptoms;
4. Quality of life.

## **Study description**

### **Background summary**

This study determines the cost-effectiveness of CBT in schizophrenia patients with persistent and recurrent psychosis. The intervention is done in regular schizophrenia treatment at nine sites in the Netherlands.

### **Study objective**

To determine the cost-effectiveness of CBT compared to care as usual in patients with a recent onset of schizophrenia, who suffer from persistent and recurrent symptoms of psychosis.

### **Study design**

N/A

### **Intervention**

1. CBT by a cognitive therapist and a nurse therapist;
2. CAU.

## **Contacts**

### **Public**

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## Eligibility criteria

### Inclusion criteria

1. Schizophrenia patients in the first five years after onset;
2. Age 18-64;
3. Treatment resistant or recurrent psychosis.

### Exclusion criteria

1. IQ < 80;
2. Severe addiction;
3. No competence of Dutch language;
4. 4 or more CBT sessions in the last year.

## Study design

## Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)
Control:	Placebo

## Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-12-2004
Enrollment:	230
Type:	Actual

## Ethics review

Positive opinion	
Date:	06-09-2005
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL189

**Register**

NTR-old

Other

ISRCTN

**ID**

NTR226

ZonMW : 945-04-406

ISRCTN57292778

## Study results

**Summary results**

N/A