# Organ protection by helium gas inhalation: protective factors in the blood

No registrations found.

**Ethical review** Positive opinion

**Status** Pending

Health condition type -

Study type Interventional

# **Summary**

#### ID

NL-OMON26549

Source

NTR

**Brief title** 

**HeCAV** 

**Health condition** 

Ischemia/reperfusion injury ischemie/reperfusie schade

## **Sponsors and support**

**Primary sponsor:** Academic Medical Center Amsterdam, Department of Anesthesiology **Source(s) of monetary or material Support:** Society of Cardiovascular Anesthesiologists, Department of Anesthesiology, Academic Medical Center Amsterdam

## Intervention

#### **Outcome measures**

## **Primary outcome**

- Cell damage such as LDH, apoptosis markers
  - 1 Organ protection by helium gas inhalation: protective factors in the blood 5-05-2025

- Expression of Cav-1 and Cav-3 in blood

## **Secondary outcome**

- If Cav-levels are significantly different after helium inhalation, cells will be incubated with cav-antibodies

# **Study description**

## **Background summary**

Helium induces organ protection, but currently its mechanisms of action are unclear. This trial investigates the underlying mechanisms of helium-induced protection. We hypothesize that helium inhalation results in the release of "protective" mediators in the blood, which are transported to tissue at risk for ischemia/reperfusion damage. This is investigated in the current study in which healthy volunteers will breathe helium, after which blood will sampled. Different cells exposed to hypoxia/reoxygenation in vitro, will be incubated with this blood, and we will investigate whether a reduction in cell damage can be found.

## Study objective

We hypothesize that inhalation of helium gas induces release of protective factors in the blood, which can be used to protect different cell types against ischemia/reperfusion injury.

## Study design

timepoints blood sampling: T0 (baseline), T1 (directly after inhalation), T2 (6 h after inhalation), T3 (24 h after inhalation)

#### Intervention

- Inhalation of helium or air
- Blood sampling by venous puncture

## **Contacts**

#### **Public**

AMC Amsterdam G.T.M.L. Oei Amsterdam The Netherlands 06-14851585 **Scientific** AMC Amsterdam G.T.M.L. Oei Amsterdam The Netherlands 06-14851585

# **Eligibility criteria**

## Inclusion criteria

non-smoking, healthy male volunteers, aged 20-55 years

## **Exclusion criteria**

- -Active smoking or smoking in the previous six months
- -Alcohol abuse or use of recreational drugs
- -Any allergic reaction on medication in the past
- -Presence of a chronic disease that is under current medical observation and needs pharmacological treatment, e.g. asthma, high blood pressure or diabetes

# Study design

## **Design**

Study type: Interventional

Intervention model: Crossover

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Placebo

## Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-04-2014

Enrollment: 20

Type: Anticipated

# **Ethics review**

Positive opinion

Date: 13-04-2014

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL4367 NTR-old NTR4507

Other METC nummer: 2014 045

# **Study results**

## **Summary results**

Smit KF, Oei GTML, Stroes ES, Nieuwland R, Schlack W, Hollmann MW, Weber NC, Preckel B:

Helium induces

preconditioning in the human endothelium in vivo. Anesthesiology 2013 Jan;118(1):95-104 <a href="https://doi.org/10.2013/jan.2013

Oei GTML, Smit KF, van de Vondenvoort D, Wieland CW, Hollmann MW, Preckel B, Weber NC; The effect of helium inhalation on the innate and early adaptive immune system ex vivo. J Transl Med 2012;10:201

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Oei GTML, Huhn R, Heinen A, Hollmann MW, Schlack WS, Preckel B, Weber NC: Helium-induced cardioprotection of healthy and hypertensive rat myocardium in vivo. Eur J Pharmacol 2012; 684:125-131

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Berger MM, Huhn R, Oei GTML, Heinen A, Winzer A, Preckel B, Weber NC, Schlack W, Hollmann MW: Hypoxia induces late preconditioning in the rat heart in vivo. Anesthesiology 2010; 113:1351-60

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Oei GTML, Weber NC, Hollmann MW, Preckel B: Cellular effects of helium in different organs. Anesthesiology 2010; 112:1503-10.

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Huhn R HA, Weber NC, Kerindongo R, Oei GTML, Hollmann MW, Schlack W, Preckel B: Helium-induced early preconditioning and postconditioning is abolished in obese Zucker rats in vivo. J Pharmacol Exp Ther 2009; 329:600-7