

# Analyse van uitgeademde lucht om de respons op behandeling met mepolizumab te voorspellen in patiënten met ernstig astma.

No registrations found.

<b>Ethical review</b>	Not applicable
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON26797

### Source

Nationaal Trial Register

### Brief title

EXPREME

### Health condition

Severe Asthma

## Sponsors and support

**Primary sponsor:** Amsterdam UMC, University of Amsterdam

**Source(s) of monetary or material Support:** Dutch Lung Foundation

## Intervention

## Outcome measures

### Primary outcome

- eNose 'Breathprints' (signature of mixtures of volatile organic compounds (VOCs) in exhaled

breath)

### **Secondary outcome**

- Absence of exacerbations during 12 months after initiation of mepolizumab therapy.
- Improvement of Asthma Control Questionnaire (ACQ)-score by 0.5 points over 6 months.
- Decrease of oral corticosteroid (OCS) use by 50% after 12 months.
- Any switch of biological therapy.

## **Study description**

### **Background summary**

-

### **Study objective**

The analysis of molecular profiles in exhaled breath by an electronic nose (eNose) is able to:

- a. Discriminate between patients with severe asthma who respond to treatment with mepolizumab and those who do not respond to mepolizumab with at least 85% accuracy.
- b. Replicate the findings in a. with at least 80% accuracy in an external validation.

### **Study design**

Baseline, 6 months, 12 months

### **Intervention**

Niet van toepassing

## **Contacts**

### **Public**

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### **Scientific**

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## **Eligibility criteria**

### **Inclusion criteria**

- Adult patients with severe refractory eosinophilic asthma who are treated with Mepolizumab.
- Poor asthma control or frequent ( $\geq 2$  per year) exacerbations, despite high-intensity treatment while alternative diagnoses have been excluded, comorbidities are treated and compliance has been checked.
- Peripheral blood eosinophil levels  $\geq 150$  cells/ $\mu\text{l}$ .

### **Exclusion criteria**

- Alcohol use  $< 12$  hours prior to measurement.
- Unwillingness or inability to comply with the study protocol for any other reason.

## **Study design**

### **Design**

Study type:	Observational non invasive
Intervention model:	Other
Allocation:	Non controlled trial

Masking:	Open (masking not used)
Control:	N/A , unknown

## Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-01-2016
Enrollment:	250
Type:	Anticipated

## IPD sharing statement

**Plan to share IPD:** Undecided

## Ethics review

Not applicable	
Application type:	Not applicable

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register ID

NTR-new NL7128

NTR-old NTR7474

Other	METC AMC. The MEC of the AMC ruled that the Medical Research Involving Human Subjects Act (WMO) does not apply to the study and that an official approval of this study by the MEC is not required. : W14_112 # 14.17.0147
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## Study results