

# Trauma-focused EMDR for Personality disorders among Outpatients

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Pending
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON26871

### Source

Nationaal Trial Register

### Brief title

TEMPO

### Health condition

Personality disorder

## Sponsors and support

**Primary sponsor:** Parnassia Groep; prof. dr. C. W. Slotema

**Source(s) of monetary or material Support:** Parnassia Groep, GGZ Delfland

## Intervention

## Outcome measures

### Primary outcome

Severity of personality disorder symptoms

### Secondary outcome

Cost-effectiveness, trauma symptomatology, functioning, outcome, experiences with EMDR

## Study description

### Background summary

Existing recommended treatment options for personality disorders (PDs) are extensive and costly. There is emerging evidence indicating that trauma-focused treatment using EMDR therapy aimed at memories of individuals' adverse events can be beneficial for this target group within a relatively short time frame. The purpose of the present study is to determine the effectiveness and cost-effectiveness of EMDR therapy. Additionally, the effects of EMDR therapy on trauma symptomatology, functioning and predictors for dropouts and treatment success will be investigated.

### Study objective

Reduction of severity of personality disorder symptoms

### Study design

Baseline, post-intervention and three-, six- and twelve-month follow-ups

### Intervention

Ten biweekly sessions of Eye movement desensitization and reprocessing therapy over the course of five weeks (compared to waiting list).

## Contacts

### Public

Parnassia Groep  
Simon Hofman

0652572023

### Scientific

Parnassia Groep  
Simon Hofman

0652572023

## Eligibility criteria

## Inclusion criteria

A subject must be (1) at least eighteen years of age and (2) classified with any PD with the aid of the Structured Clinical Interview for DSM-5 PDs (SCID-5-P).

## Exclusion criteria

Subjects will be excluded if (1) their IQ is estimated beneath seventy or (2) their competency in the Dutch language is inadequate.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)
Control:	Placebo

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	04-01-2021
Enrollment:	159
Type:	Anticipated

## IPD sharing statement

**Plan to share IPD:** No

## Ethics review

Positive opinion	
Date:	24-11-2020

Application type:

First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL9078
Other	METC Erasmus Medical Centre : MEC-2020-0583

## Study results