

# Contribution of the Cultural Formulation Interview by practice nurses mental health in diagnosis and treatment of non-Western patients in general practice.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Pending
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON26878

### Source

NTR

### Brief title

CI-POH

### Health condition

depression, anxiety, MUPS, depressie, angststoornissen, SOLK

## Sponsors and support

**Primary sponsor:** Primary performer: NIVEL (Netherlands Institute for Health Services Research)

Secondary performer: PHAROS (knowledge and advisory centre health for migrants, refugees and people with limited health literacy)

**Source(s) of monetary or material Support:** ZonMw (Netherlands Organisation for Health Research and Development), programme Winst door Verschil

## Intervention

## Outcome measures

### Primary outcome

Compliance: Proportion patients not finishing their treatment prematurely within 6 months. Measured through reports from practice nurses and electronic patient record (EPR).

### Secondary outcome

Direct: Trust in health care provider (Health Alliance Questionnaire); no-shows (EPR).

Indirect: Physical and mental health status (SF12), medical consumption [consultations, time for consultation, treatment, referral to 2nd care mental-physical-welfare] (EPR); level stepped care (EPR).

## Study description

### Background summary

In collaboration with care providers and representatives of the target group will the existing short form of the CI be developed into a version that can be used in the primary care. Next, the study will examine the impact of the use of the CI by practice nurses mental health on diagnosis, confidence in care, adherence, patient satisfaction, and indirectly health gains among Turkish, Moroccan, Surinamese and Antillean / Aruban immigrants.

A mixed methods study involves primary health care providers (GPs, nurses) to adapt the short version of the CI for use in primary care and tested in a pilot. Then a clustered effect controlled study will be conducted with the use of trained practice nurses applying the CI. A descriptive process evaluation supplemented by focus groups finally offer points for successful implementation in primary care. Quantitative data are collected with standardized questionnaires as well as information from electronic patient records. Qualitative information is obtained from the registration process, intake reports, EPR, interviews and focus groups with POH-GGZ, general practitioners and a focus group of patients in the intervention group.

### Study objective

Anxiety, depression and MUPS are common among first-generation non-Western migrants. The problem with the doctor also concerns motivating and treating these patients. The hypothesis is that attention to the social and cultural context of the patient might lead to better doctor-patient relationship and more effective treatment. This could be accomplished by the Cultural Interview (CI) in primary care by the practice nurse mental health.

## Study design

Primary: Compliance - timepoint 6 months;

Secondary direct: Trust in health care provider (Health Alliance Questionnaire) - timepoint month 0 and 6; no-shows (EPR) - timepoint month 6;

Secondary Indirect: Physical and mental health status (SF12) - timepoint month 0 and month 6, medical consumption [consultations, time for consultation, treatment, referral to 2nd care mental-physical-welfare] (EPR) - timepoint month 6 ; level stepped care (EPR) - timepoint month 6.

## Intervention

Intervention:

Use of the Cultural Interview by practice nurse mental health spread over 2 consultations. Further care as usual.

Control group:

Usual intake and care.

## Contacts

### Public

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## Eligibility criteria

### Inclusion criteria

1. Non-western migrant patients from Turkish, Moroccan, Surinamese or Antillian origin;
2. 18-65years;
3. Referred by general practitioner to practice nurse mental health.

### Exclusion criteria

Native patients or migrant patients not from Turkish, Moroccan, Surinamese or Antillian origin.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Non-randomized controlled trial
Masking:	Double blinded (masking used)
Control:	N/A , unknown

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-09-2013
Enrollment:	210
Type:	Anticipated

## Ethics review

Positive opinion  
Date: 19-04-2013  
Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL3791
NTR-old	NTR3964
Other	ZonMw : 417100005
ISRCTN	ISRCTN wordt niet meer aangevraagd.

## Study results

### Summary results

N/A