

# Laxatives postoperative colorectal surgery.

No registrations found.

|                              |                  |
|------------------------------|------------------|
| <b>Ethical review</b>        | Positive opinion |
| <b>Status</b>                | Recruiting       |
| <b>Health condition type</b> | -                |
| <b>Study type</b>            | Interventional   |

## Summary

### ID

NL-OMON26932

### Source

NTR

### Brief title

LAPOCC

### Health condition

Colorectal pathology, laxatives, colorectal surgery, postoperative ileus

## Sponsors and support

**Primary sponsor:** Atrium Medisch Centrum Parkstad

**Source(s) of monetary or material Support:** Atrium Medisch Centrum Parkstad

## Intervention

## Outcome measures

### Primary outcome

Time to gastrointestinal recovery, defined as time to first flatus or first defecation.

### Secondary outcome

Appreciation of the laxatives being used, overall hospital stay and incidence of postoperative

complications (anastomotic leakage, wound infection, intra-abdominal abscess).

## Study description

### Background summary

Postoperative ileus is a well-known consequence of abdominal surgery which leads to prolonged hospital stay.

The objective of this trial is to compare time to gastrointestinal recovery after elective colorectal surgery between patients treated with a laxative versus patients treated with a placebo.

### Study objective

Postoperative ileus is a well-known consequence of abdominal surgery which leads to prolonged hospital stay. Over the past years, the implementation of ERAS programs have lead to a reduction in postoperative hospital stay. The use of laxatives after colorectal surgery within these protocols is not yet evidence based.

The objective of this trial is to compare time to gastrointestinal recovery after elective colorectal surgery between patients treated with a laxative versus patients treated with a placebo.

### Study design

N/A

### Intervention

The laxatives being used in this trial are magnesiumoxide and bisacodyl. Patients will receive the laxative or the placebo for three days postoperatively, twice daily starting on the evening of surgery.

## Contacts

### Public

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## Eligibility criteria

### Inclusion criteria

Patients planned for elective colorectal surgery will be included regardless of age, underlying pathology or co-morbidity. Procedures to be performed include right hemicolectomy, transversectomy, left-hemicolectomy, sigmoid resection, low anterior resection, polypectomy, abdominoperineal resection, and laparoscopic right or left hemicolectomy.

### Exclusion criteria

1. Age <18 years;
2. Emergency procedures;
3. Contra-indications for the laxatives being used;
4. Lacking informed consent.

## Study design

### Design

|                     |                               |
|---------------------|-------------------------------|
| Study type:         | Interventional                |
| Intervention model: | Parallel                      |
| Allocation:         | Randomized controlled trial   |
| Masking:            | Double blinded (masking used) |

Control: Placebo

## Recruitment

NL  
Recruitment status: Recruiting  
Start date (anticipated): 01-07-2009  
Enrollment: 215  
Type: Anticipated

## Ethics review

Positive opinion  
Date: 26-06-2009  
Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

ID: 33165  
Bron: ToetsingOnline  
Titel:

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

| Register | ID                                  |
|----------|-------------------------------------|
| NTR-new  | NL1773                              |
| NTR-old  | NTR1883                             |
| CCMO     | NL28256.096.09                      |
| ISRCTN   | ISRCTN wordt niet meer aangevraagd. |
| OMON     | NL-OMON33165                        |

# Study results

## Summary results

N/A