

# Medication therapy in aneurysmatic cerebral haemorrhage.

No registrations found.

<b>Ethical review</b>	Not applicable
<b>Status</b>	Pending
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON27006

### Source

NTR

### Brief title

TRAASA

### Health condition

Aneurysm  
Subarachnoid haemorrhage/hemorrhage  
Tranexamic acid, Cyklokapron  
Acetylsalicylic acid, Aspirin

Aneurysma  
Subarachnoidale bloeding  
Tranexaminezuur  
Acetylsalicylzuur, Aspirine

## Sponsors and support

**Primary sponsor:** Germans, M.R.

Coert, B.A.

**Source(s) of monetary or material Support:** Germans, M.R.

## Intervention

## Outcome measures

### Primary outcome

Modified Rankin Scale.

### Secondary outcome

1. In hospital possible or definite rebleed and interval with first haemorrhage;
2. Rebleed during endovascular or surgical treatment;
3. Thromboembolic events during endovascular treatment;
4. (Micro)infarctions on MR-imaging after treatment and after 6 months;
5. Hemorrhagic complications (intra and extracranial);
6. Extracranial thrombosis;
7. Treatment for hydrocephalus (lumbar puncture, lumbar or ventricular drainage);
8. Hemorrhagic complications with neurological deficit after placement of an extraventricular drain.

## Study description

### Background summary

Approximately one fourth of all patients with subarachnoid hemorrhage (SAH), due to a ruptured intracranial aneurysm, have an unfavourable outcome and approximately 50% die due to the hemorrhage or subsequent complications.

There are several major causes for this course, such as inhospital rebleed in 8-11% which mainly occurs within the first 6 hours after the initial hemorrhage. Half of these patients die during hospital admission and when surviving, develop more severe cognitive dysfunction than patients without a rebleed. Endovascular treatment is becoming a more standard procedure of a ruptured aneurysm because of generally better outcome. Nevertheless, it is also associated with complications, such as thromboembolic events (11%) and aneurysm rerupture (4,1-7,6%). These complications attribute to an additional 13% risk of unfavourable outcome or death. Another major cause, occurring in upto one third of all aneurysmatic subarachnoid hemorrhages, is development of delayed ischemic neurological deficit (DIND) between the third and fourteenth day after the initial bleeding which leads to secondary ischemia. This phenomenon causes disability or death in 13-22% of all patients. The etiology has not been elucidated yet, but some authors think that platelet aggregation may play a

role in the development of secondary ischemia.

Many studies are performed to improve the outcome of these patients by reducing trombolytic activity before or reduce platelet activation during or after treatment of the aneurysm. Systematic reviews of these studies showed trends towards better outcome but no significant results. A drawback in the included studies is that the majority was performed in the twentieth century when outcome of subarachnoid hemorrhage was worse because of less specialised institutes, lacking the use of nimodipine and less patients treated with endovascular methods. Therefore more recently, studies have been done with improved treatment protocols for antifibrinolytic or antiplatelet therapy and these tend to show better results than experienced in the past.

With the current evidence, we developed a new treatment protocol which tries to reduce the above mentioned complications by combining the optimal medication regimen in every single step in the course of this disease.

### **Study objective**

Improvement of favourable outcome by consecutive treatment of tranexamic acid before aneurysm treatment with switch to acetylsalicylic acid short before start of treatment and continued for two weeks.

### **Study design**

Modified Rankin Scale: 6 months

Secondary outcomes:

1. Until aneurysm treatment;
2. During aneurysm treatment;
3. During endovascular treatment of aneurysm;
4. After aneurysm treatment within 72 hours after primary haemorrhage and after six months;
5. During admission.

### **Intervention**

1. Group one: placebo administered intravenous in ten minutes, every four hours until four to eight hours preceding planned intervention followed by placebo every 24 hours until two weeks after aneurysm treatment;
2. Group two: 1 gram TA administered intravenous in ten minutes, followed by a same dose every four hours until four to eight hours preceding planned intervention. In case of endovascular treatment, between ending TA and until at least two hours before aneurysm

treatment start of 300 mg ASA, and continue every 24 hours until two weeks after aneurysm treatment. In case of planned surgical treatment an identical dosage ASA is started six hours after operation, continued every 24 hours until two weeks after aneurysm treatment.

Both groups undergo MR-imaging after aneurysm treatment within 72 hours after the primary haemorrhage, and after six months with an interview to assess the modified Rankin Scale.

## Contacts

### Public

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## Eligibility criteria

### Inclusion criteria

1. Aneurysmatic SAH less than 48 hours ago;
2. Age 18 years and older;
3. Informed consent.

## Exclusion criteria

1. Presence of deep vein thrombosis;
2. History of blood coagulation disorder;
3. Use of antiplatelet or anticoagulation medication during haemorrhage;
4. Immediate neurosurgical intervention necessary (with the exception of ventricular drainage);
5. Contraindication for use of aspirin;
6. Pregnancy;
7. Thrombocytopenia ( $<100 \times 10^9/L$ ) at admission;
8. Severe renal (serum creatinin  $>150 \text{ mmol/L}$ ) or liver failure (AST  $> 150 \text{ U/l}$  or ALT  $> 150 \text{ U/l}$  or AF  $> 150 \text{ U/l}$  or  $\gamma$ -GT  $> 150 \text{ U/l}$ );
9. Imminent death within 24 hours.

## Study design

### Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-12-2009
Enrollment:	300
Type:	Anticipated

## Ethics review

Not applicable

Application type: Not applicable

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

<b>Register</b>	<b>ID</b>
NTR-new	NL1595
NTR-old	NTR1675
Other	:
ISRCTN	ISRCTN wordt niet meer aangevraagd

## Study results

### Summary results

N/A