

Depression in chronically ill elderly.

No registrations found.

Ethical review	Positive opinion
Status	Recruitment stopped
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON27042

Source

NTR

Brief title

DELTA (Depression in Elderly with Long-Term Afflictions)

Intervention

Outcome measures

Primary outcome

Beck Depression Inventory (BDI) assessed at baseline and at 3, 6 and 12 months after inclusion,

cost-effectiveness and cost-utility assessed using cost-diaries and the EuroQol at baseline and at 3, 6, 9 and 12 months after inclusion.

Secondary outcome

Quality of life (SF-36) assessed at baseline and at 3, 6 and 12 months after inclusion.

Study description

Background summary

Using a randomised clinical-economic trial, it will be examined whether or not a minimal psychological intervention can diminish reports of depression, reduce health care-related costs, and stabilise or improve the underlying health status in diabetes and COPD patients. Analysis according to “intention to treat” principle.

The intervention group receives MPI, that is based on principles of cognitive behavioural therapy and self-management. This intervention is administered by a trained nurse. In 2 to 10 meetings, patients learn how to deal with the consequences of chronic illness in daily life, by changing the patient’s cognitions and providing self-management support. The control group receives usual care.

Study objective

MPI will reduce levels of depression and will increase their quality of life, while reducing health care-related costs in chronically ill elderly people with a depressed mood.

Study design

N/A

Intervention

Minimal psychological intervention (MPI) vs care as usual.

Contacts

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Eligibility criteria

Inclusion criteria

1. Established diagnosis of Diabetes Mellitus Type II or COPD;
2. age 60 years and over;
3. community dwelling;
4. minor depression or mild and moderate categories of major depression according to MINI and Hamilton-criteria (DSM-IV), completed informed consent.

Exclusion criteria

1. Treatment with antidepressants;
2. severe category of major depression;
3. major psychiatric problems;
4. current psychosocial/psychiatric treatment;
5. serious cognitive problems (demential syndrome);
6. on waiting list for nursing home;
7. bedridden;
8. recent loss of spouse (< 3 months);
9. non Dutch-speaking.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel

Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	15-07-2003
Enrollment:	360
Type:	Actual

Ethics review

Positive opinion	
Date:	21-06-2005
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL43
NTR-old	NTR70
Other	: ZONMW registration number: 945-03-047
ISRCTN	ISRCTN92331982

Study results

Summary results

N/A