Computer tailored information to influence nutrition, smoking and exercise habits; testing the application at the community level.

No registrations found.

Ethical review	Positive opinion
Status	Recruitment stopped
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON27047

Source Nationaal Trial Register

Brief title ALOM

Health condition

Control group receiving generic information letters.

Experimental group receiving computer tailored information letters.

Sponsors and support

Primary sponsor: ZonMw Source(s) of monetary or material Support: ZonMw

Intervention

Outcome measures

Primary outcome

1 - Computer tailored information to influence nutrition, smoking and exercise habit ... 2-06-2025

Behaviour change measured with four written questionnaires.

Secondary outcome

N/A

Study description

Background summary

N/A

Study objective

N/A

Study design

N/A

Intervention

One experimental group wich received three tailored information letters with intervals of three months.

One control condition which received three general information letters with intervals of three months.

Contacts

Public

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2 - Computer tailored information to influence nutrition, smoking and exercise habit ... 2-06-2025

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Eligibility criteria

Inclusion criteria

Adults beteen 18 and 65 years.

Exclusion criteria

Adults not in the age range 28-65 years.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	16-10-2000
Enrollment:	2827
Туре:	Actual

3 - Computer tailored information to influence nutrition, smoking and exercise habit ... 2-06-2025

Ethics review

Positive opinion Date: Application type:

30-11-2005 First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL471
NTR-old	NTR511
Other	: N/A
ISRCTN	ISRCTN25188010

Study results

Summary results

Ann Behav Med. 2007 Apr;33(2):117-23.