

# Computer tailored information to influence nutrition, smoking and exercise habits; testing the application at the community level.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON27047

### Source

NTR

### Brief title

ALOM

### Health condition

Control group receiving generic information letters.

Experimental group receiving computer tailored information letters.

## Sponsors and support

**Primary sponsor:** ZonMw

**Source(s) of monetary or material Support:** ZonMw

## Intervention

## Outcome measures

### Primary outcome

Behaviour change measured with four written questionnaires.

### **Secondary outcome**

N/A

## **Study description**

### **Background summary**

N/A

### **Study objective**

N/A

### **Study design**

N/A

### **Intervention**

One experimental group which received three tailored information letters with intervals of three months.

One control condition which received three general information letters with intervals of three months.

## **Contacts**

### **Public**

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## Eligibility criteria

### Inclusion criteria

Adults beteen 18 and 65 years.

### Exclusion criteria

Adults not in the age range 28-65 years.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	16-10-2000
Enrollment:	2827
Type:	Actual

## Ethics review

Positive opinion

Date: 30-11-2005

Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL471
NTR-old	NTR511
Other	: N/A
ISRCTN	ISRCTN25188010

## Study results

### Summary results

Ann Behav Med. 2007 Apr;33(2):117-23.