

# mHealth in grown-ups congenital heart disease

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON27137

### Source

Nationaal Trial Register

### Brief title

mHealth GUCH

### Health condition

Any congenital heart disease

## Sponsors and support

**Primary sponsor:** Amsterdam UMC, location AMC, Netherlands Heart Intitute

**Source(s) of monetary or material Support:** Dekkerbeurs NHI

## Intervention

## Outcome measures

### Primary outcome

Less unplanned contact moments in the hospital

### Secondary outcome

Earlier treatment (medication or hospitalization), reduce healthcare costs, increased patient

## Study description

### Background summary

usage of HartWacht (telemonitoring) in patients with a congenital heart disease to determine if telemonitoring reduces the number of unplanned hospital visits. Half of the patients receive their normal care, the other half receives a single lead EKG, blood pressure monitor and a scale. Patients measure blood pressure and weight twice a week and make an EKG once a month. When feeling bad, the patient can make extra recordings. Feedback will be given to every recording. After two years the number of unplanned hospital visits, number of calls to the hospital / cardiologist, and the number of presentations on the ER will be compared between the two groups. Besides looking at the number of contact moments between hospital and patient, we will also assess the quality of life by means of the EuroQoL-5D-5L, SF-36, and the PAM-13 questionnaires.

### Study objective

mHealth will reduce the number of unplanned contact moments with the hospital / cardiologist

### Study design

every 3 months

### Intervention

mHealth apparatus like single lead EKG, blood pressure apparatus and body weight scale

## Contacts

### Public

Amsterdam UMC, locatie AMC  
Marinka Oudkerk Pool

0205668679

### Scientific

Amsterdam UMC, locatie AMC  
Marinka Oudkerk Pool

## Eligibility criteria

### Inclusion criteria

Symptoms of palpitation, arrhythmia. At least three extra contact moments with the hospital, next to the regular scheduled contact moment with the cardiologist. Over age 18. Congenital heart disease patient as identified through the CONCOR database

### Exclusion criteria

Mentally disabled, tremor, within 6 months of cardiac surgery, ablation or other invasive cardiac procedure, not in possession of smartphone or personal computer.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	08-05-2019
Enrollment:	196
Type:	Anticipated

### IPD sharing statement

**Plan to share IPD:** Undecided

## Ethics review

Positive opinion

Date: 04-06-2019

Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

ID: 49010

Bron: ToetsingOnline

Titel:

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL8006
CCMO	NL68384.018.18
OMON	NL-OMON49010

## Study results