

The effectiveness of the CARm training for labour experts to improve work participation of clients with multiple problems

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON27155

Source

Nationaal Trial Register

Brief title

CARm (Comprehensive Approach of Reintegration for clients with Multiple problems)

Health condition

Clients with disability benefit from the Dutch social security institute (SSI)

Sponsors and support

Primary sponsor: University Medical Center Groningen(UMCG) Department of Health Sciences

Source(s) of monetary or material Support: Center for Labour Experice (AKC) the Netherlands

Intervention

Outcome measures

Primary outcome

Work status.

Are clients capable to return to work or find a job and is it sustainable

Secondary outcome

1. Perceived health status (SF-12)
2. Functioning (WHODAS)
3. Empowerment (Vrijbaan)
4. Quality of life (WHOQOL-BREF)
5. Social Support (SSL-I SSL-D)
6. Readiness for Return To Work (RRTW scale)
7. Process evaluation

Study description

Background summary

Background:

The last decades the way we think about health, participation and how to treat unemployed or disabled clients changed. During the last 10 to 20 years there was a paradigm shift from compensation to participation. Formerly providing compensation for income loss was priority one nowadays we look first what we can do for clients to participate and when this is temporally not available we provide compensation. The mission statement of SSI is: "It is our mission to work with our partners to make a difference for people by promoting work. If work is impossible, we ensure that income is available quickly". In the participation act people who are able to participate in society are expected/stimulated to do so. The focus is hereby more on self-management, own strength and own responsibility. People are made dependent while they prefer to be independent through self-management or shared decision making. People have to cope themselves preferably with support from their own social support network. When the latest is not possible professionals will take a "temporary role" in order to increase the process. Own strength an self-management are probably the most used words in the participation law. Because we promote more people to participate we reach the people who are long-term unemployed and therefore have a greater distance to the labour market. This are people with Multiple problems.

Objective:

“To develop and evaluate the effectiveness of the CARm training for labour experts to improve work participation of persons with multiple problems”.

Study population:

Approximately 440 clients of the SSI with multiple problems will participate in this study.

Study design:

A cluster randomized control trial with randomization on at the level of the labour expert. Labour experts will be randomly assigned to the intervention (20) or to the control (20) group. Each labour expert has to recruit 11 clients for the RCT. The LE's in the intervention group will receive a training CARm. The clients in the intervention group will be guided in their work reintegration by a CARm trained labour expert. Clients in the control group will be guided their work reintegration by labour experts who provide care as usual.

Outcome measures:

The outcome measures of the study are work status, perceived health, functioning, empowerment, quality of life, social support and readiness for return to work.

Measurements take place at baseline and at 3 and 12 months after baseline. A process evaluation will be performed at labour expert level and client level.

Study objective

Clients with multiple problems supported by a CARm trained labour expert will improve on functioning and work status.

The primary aim of the study is to evaluate the effectiveness of an integrated, client centred and strengths based approach compared to care as usual.

Study design

Baseline questionnaire and follow-up questionnaires at 3 and 12 months after baseline measurement.

Intervention

At the level of the labour expert: Labour experts in the intervention group receive a three and a half day training in the CARm method. The labour expert will be trained to support the client on mutuality, focus on needs of client, activate resources, focus on strengths rather than pathology and toward self management.

Labour experts in the control group receive no training and continue their usual practice (care as usual).

At the level of the client:

Clients in the intervention group will be guided in their return to work (work participation) by a CARm trained labour expert.

Clients in the control group receive care as usual.

Contacts

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Eligibility criteria

Inclusion criteria

1. Clients with multiple problems
2. Clients with disability benefit from SSI

Exclusion criteria

1. Not able to understand, read or write the Dutch language

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)
Control:	Active

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-05-2016
Enrollment:	440
Type:	Anticipated

Ethics review

Positive opinion	
Date:	01-04-2016
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL5626
NTR-old	NTR5733
Other	METcUMCG WOM:201600203/AKC : METc2016

Study results

Summary results

N/A