# Endoscopic BougieCap dilation for benign esophageal strictures: a feasibility study in daily practice

No registrations found.

**Ethical review** Positive opinion

**Status** Recruiting **Health condition type** -

**Study type** Observational non invasive

# **Summary**

#### ID

NL-OMON27219

**Source** 

Nationaal Trial Register

**Brief title**BougieCap

**Health condition** 

Benign esophageal stricture

## **Sponsors and support**

**Primary sponsor:** Radboud university medical center

Source(s) of monetary or material Support: FMH Medical

Ovesco Endoscopy AG

#### Intervention

#### **Outcome measures**

### **Primary outcome**

The main endpoint is the feasibility of EBD with the BougieCap dilator in patients with benign esopahgeal strictures. Feasibility is defined as:

- technical success of repeated EBD to 18mm with the BougieCap dilator according to standard practice for EBD

## **Secondary outcome**

- Single EBD procedure time
- Total number of EBD procdures with the BougieCap dilator
- Recurrent dysphagia (Ogilvie 2-4) during follow-up of 12 weeks

# **Study description**

## **Background summary**

This multicenter non-randomized prospective observational cohort study will assess the feasibility of BougieCap dilation for patients with benign esophageal strictures. After dilation up to 18 mm, patients are followed up until 3 months and dysphagia scores, recurrent dysphagia and adverse events will be documented.

## Study objective

In this study we aim to assess the feasibility in daily clinical practice of endoscopic BougieCap dilation for patients with a benign esophageal stricture.

## Study design

Baseline: intervention (dilation up to 18 mm)

4 weeks: telephonic consultation

8 weeks: telephonic consultation

12 weeks: telephonic consultation

Incidental follow-up: BougieCap dilation for recurrent dysphagia

#### Intervention

Endoscopic dilation with the BougieCap dilator. In sequential dilation procedure the benign stricture will be dilated up to 18 mm.

BougieCap dilator: an endoscopic attachment cap intended to be used for dilating/expanding

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esophageal strictures. The BougieCap is available in different diameters to perform incremental dilation (up to 6 mm) during a single procedure, identical to the conventional Savary bougie dilation. The standard endoscope plus BougieCap acts as a conventional Savary dilator, but with endoscopic view during dilation as the important extra feature.

## **Contacts**

**Public** 

**Scientific** 

# **Eligibility criteria**

## Inclusion criteria

- Patients presenting with first episode of dysphagia due to benign esophageal stricture requiring repeated EBD to 18 mm
- Dysphagia due to benign esophageal stricture (e.g. post-surgery, radiation therapy, caustic ingestion, peptic, post-endotherapy)
- Dysphagia for solid, semisolid or liquid food (Ogilvie dysphagia score: 2-4)
- Written informed consent

#### **Exclusion criteria**

- Patient with a known eosinophilic esophagitis or motility disorder (e.g. achalasia)
- Patients with a known or suspected malignant esophageal stricture
- Patients with a benign stricture due to a previously performed laryngectomy

# Study design

## **Design**

Study type: Observational non invasive

Intervention model: Other

Allocation: Non controlled trial

Masking: Open (masking not used)

Control: N/A , unknown

## Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 01-02-2019

Enrollment: 30

Type: Anticipated

# **Ethics review**

Positive opinion

Date: 21-01-2019

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL7483

Register ID

NTR-old NTR7725 Other : 2018-4530

# **Study results**