# A randomised, double-blind, parallelgroup comparison of the efficacy and the safety of venlafaxine versus nortriptyline in the treatment of depressed elderly inpatients.

No registrations found.

**Ethical review** Positive opinion

**Status** Recruitment stopped

Health condition type -

Study type Interventional

### **Summary**

#### ID

NL-OMON27258

Source

NTR

**Brief title** 

N/A

Intervention

#### **Outcome measures**

### **Primary outcome**

Remission on the MADRS (final score of 10 or less).

#### **Secondary outcome**

Remission on HAM-D and GDS, response on MADRS, HAM-D and GDS, number of side effects, Global Tolerability Score, MMSE, Barthel ADL score, SF-20.

# **Study description**

### **Background summary**

Most trials on pharmacological treatment of major depression in the elderly are outpatient trials, which mostly included relatively young, physically healthy, moderate depressed patients. As a result of this, data are lacking on the treatment of the most severe and difficult-to-treat forms of depression in the elderly. In this 'real- world' trial, depressed inpatients with moderate-severe depression and, most often many physicall illnesses, are included and treated with either venlafaxine or nortriptyline.

### Study objective

Venlafaxine and nortriptyline are not significant different in efficacy in elderly inpatients with depression but venlafaxine is better tolerated.

### Study design

N/A

#### Intervention

Nortriptyline (range 25-200 mg) or venlafaxine (range 75-300 mg).

### **Contacts**

#### **Public**

Altrecht GGZ Jutfaseweg 205 Rob M. Kok lutfaseweg 205 Utrecht 3522 HR The Netherlands

+31 (0)30 2297600

#### Scientific

Altrecht GGZ Jutfaseweg 205 Rob M. Kok Jutfaseweg 205

Utrecht 3522 HR

The Netherlands

+31 (0)30 2297600

# **Eligibility criteria**

### Inclusion criteria

- 1. Male or female inpatient;
- 2. Aged 60 years or older;
- 3. Meet the DSM-IV criteria for major depression, single or recurrent episode (296.2x, 296.3x), dysthymic disorder (300.4), mood disorder due to a general medical condition, with depressive features or with major depressive -like episode (293.83), substance induced mood disorder with depressive features (292.84), depressive disorder not otherwise specified (i.e. minor depressive disorder) (311);
- 4. Have a baseline MADRS total score ? 20;
- 5. Have a baseline MMSE score > 15;
- 6. Written informed consent.

### **Exclusion criteria**

- 1. Known hypersensivity to venlafaxine or nortriptyline;
- 2. Previous unsuccessful treatment with venlafaxine for at least 4 weeks with a minimum dose of 75 mg/day or previous unsuccessful treatment with nortriptyline for at least 4 weeks with a serum level within the therapeutic range;
- 3. Relevant medical illness which is a contra-indication for the use of the study medication, such as myocardial infarction within previous 6 months;
- 4. Use of electroconvulsive therapy (ECT) within 30 days prior to baseline, use of a MAO inhibitor within 14 days, use of fluoxetine within 21 days, use of any antidepressant drug (except those allowed during the study as concomitant treatment) within 3 days prior to baseline;
- 5. Alcohol or drug abuse within the last year, according to DSM IV criteria;
- 6. Presence of dementia, or a non-affective psychotic disorder, or a history of bipolar disorder (I and II), all according to DSM-IV criteria.

# Study design

### **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Double blinded (masking used)

Control: Active

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 01-10-1999

Enrollment: 81

Type: Actual

### **Ethics review**

Positive opinion

Date: 26-01-2005

Application type: First submission

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

RegisterIDNTR-newNL3NTR-oldNTR27Other: N/A

ISRCTN ISRCTN23246262

# **Study results**

### **Summary results**

1. Int J Geriatr Psychiatry. 2007 Dec;22(12):1247-54. <br>