

Short-term Cognitive Behavioral Therapy and Short-term Psychoanalytical Supportive Psychotherapy as treatment for depression: a randomized clinical trail.

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON27350

Source

NTR

Brief title

Praten & Pillen V

Health condition

Depressive disorders

Sponsors and support

Primary sponsor: Mentrum Mental Health Amsterdam

Source(s) of monetary or material Support: Wyeth Pharmaceuticals

Intervention

Outcome measures

Primary outcome

Depressive complaints according to patient, therapist and independent rater at week 5, 10, 22 and 52.

Secondary outcome

Quality of life, predictors of treatment outcome at week 22 and 52

Study description

Background summary

A randomized clinical trial comparing the efficacy, efficiency and applicability of Short-term Cognitive Behavioral Therapy and Short-term Psychoanalytical Supportive Psychotherapy in the treatment of depressive disorders.

Study objective

N/A

Intervention

Mild to moderate depression (HDRS score 14-24):

Short-term Cognitive Behavioral Therapy or Short-term Psychoanalytical Supportive Psychotherapy, 16 sessions of 45 minutes, during 22 weeks.

Severe depressive symptoms (HDRS score > 24): Combination treatment; psychotherapy as mentioned above in combination with antidepressants.

Contacts

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Eligibility criteria

Inclusion criteria

Main diagnose Major Depressive Episode, Major Depressive Disorder, Dysthymic Disorder or Depressive Disorder NOS according to DSM-IV criteria, Hamilton Depression Rating Scale (HDRS) score > 14, age 18-65, written informed consent.

Exclusion criteria

Bipolar Disorder, Depressive disorder with psychotic features, suicide risk, loss of impulse-control, use of anti-depressants, use of anti-psychotics or mood stabilizers, substance abuse, language problems, contact with same Mentrum location within last 6 months.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Masking:	Open (masking not used)
Control:	N/A , unknown

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-04-2006
Enrollment:	300
Type:	Anticipated

Ethics review

Positive opinion

Date: 11-09-2006

Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL755
NTR-old	NTR766
Other	: N/A
ISRCTN	ISRCTN31263312

Study results

Summary results

N/A