

# Point-of-care testen van CRP en procalcitonine bij urineweginfecties in verpleeghuizen

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON27528

### Source

Nationaal Trial Register

### Brief title

PROGRESS

### Health condition

Urinary tract infection

Urineweginfectie

## Sponsors and support

**Primary sponsor:** Academical Medical Center

**Source(s) of monetary or material Support:** ZonMW 50-54100-98-114

## Intervention

## Outcome measures

### Primary outcome

Sensitivity of the point-of-care (POC) test to identify patients with true UTIs, as derived from Receiving Operating Curves (ROC).

As there is no uniform definition of an UTI, a 'true UTI' is defined post-hoc using stringent criteria, including microbiology results and clinical response to adequate antibiotic therapy.

The following definition is defined:

1. Presence of at least 2 urinary (dysuria, urgency or frequency, new or worsened incontinence, suprapubic or costovertebral angle tenderness) OR non-specific (fever, confusion, delirium, anorexia, malaise) symptoms; AND
2. Positive urine leucocyte esterase tests AND
3. The presence of a uropathogen in urine at  $>10^4$  CFU/mL (maximum of 2 uropathogens) AND
4. Symptom resolution in the course of adequate antibiotic treatment, where adequate treatment is defined by proven susceptibility of isolated uropathogens to the administered antibiotic.

### **Secondary outcome**

An LQAS-classification into high versus low AMR prevalence using pre-defined thresholds. Different thresholds for high and low prevalence will be tested  
Barriers and facilitators for the adoption and implementation of the POC-test.

## **Study description**

### **Background summary**

Rationale:

Nursing homes are increasingly regarded as an important reservoir for the emergence of antimicrobial resistance (AMR). Suspected urinary tract infections (UTI) rank among the most common reasons for antibiotic use in nursing homes. However diagnosing UTI in this setting is challenging because of frequent non-specific symptomatology combined with high prevalence of asymptomatic bacteriuria (ASB), which complicates attribution of causality detection of bacteria in urine. The difficulty of distinguishing true UTI from bacterial colonization of the urinary tract results in frequent inappropriate antibiotic use. In this study, PROGRESS aims to evaluate the use of blood C-reactive protein (CRP) and procalcitonin (PCT) measurements to distinguish between bacteriuria and true infection in elderly nursing home residents with suspected UTI.

The PROGRESS study aims to evaluate the use of blood C-reactive protein (CRP) and procalcitonin (PCT) measurements to distinguish between bacteriuria and true infection in

elderly nursing home residents with suspected UTI. A good marker for diagnosing a true UTI will help reducing antimicrobial resistance (AMR) in nursing homes by better informed decisions about who to treat.

Antimicrobial resistance (AMR) rates vary substantially between nursing homes. In this study the antimicrobial susceptibility data will be analysed to assess the usefulness of Lot Quality Assurance Sampling-based (LQAS) surveillance to generate relevant local ABR data to guide local empirical treatment. If successful, these combined approaches will reduce ABR in nursing homes by better informed decisions about who to treat and how.

#### Objective:

- I. To assess the utility of point-of-care measurements of blood CRP and PCT levels to support clinical rules for diagnosing urinary tract infections UTI in nursing home residents.
- II. To assess the usefulness of LQAS-based surveillance in providing relevant AMR prevalence data to guide local empirical treatment choices in nursing homes.
- III. To develop and assess strategies that facilitate implementation of point-of-care testing in nursing homes.

#### Study design:

18-month matched diagnostic accuracy study in several nursing homes of the University Network for Organisations of Elderly care of the VU University Medical Center (UNO-VUmc). The matching refers to the assessment of blood CRP and PCT levels simultaneously in the same study participants.

#### Study population:

Nursing home residents with suspected UTI based on current clinical rules.

#### Main study parameters/endpoints:

For part I: Sensitivity of the POC tests to identify patients with true UTIs

For part II: an LQAS-classification into high versus low AMR prevalence using pre-defined thresholds. Different thresholds for high and low prevalence will be tested

For part III Barriers and facilitators for the adoption and implementation of the POC-test in nursing homes

### **Study objective**

Point-of-Care (POC) diagnostic tests will support clinical rules for diagnosing Urinary Tract Infections (UTIs)

### **Study design**

10 days

### **Intervention**

C-Reactive Protein (CRP) and Procalcitonin (PCT) POC testing in nursing home residents clinically suspected of UTI.

## **Contacts**

### **Public**

AmsterdamUMC location AMC  
S.D. Kuil  
[default]  
The Netherlands  
0622351829

### **Scientific**

AmsterdamUMC location AMC  
S.D. Kuil  
[default]  
The Netherlands  
0622351829

## **Eligibility criteria**

## Inclusion criteria

- Nursing homes residents clinically suspected of a urinary tract infection at the discretion of the attending physician
- Provided pre-emptive informed consent

## Exclusion criteria

- Suspected respiratory tract infection OR suspected other infection requiring antibiotic therapy
- Previous inclusion in the past 30 days

## Study design

### Design

Study type:	Observational non invasive
Intervention model:	Parallel
Allocation:	Non controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	11-09-2017
Enrollment:	440
Type:	Anticipated

### IPD sharing statement

**Plan to share IPD:** Yes

#### Plan description

- Dataset and codebook published together with metadata
- Without restrictions on use of dataset and codebook (licence CC0)
- DOI will be available when published on Figshare at submission main manuscript:

## Ethics review

Positive opinion

Date: 25-05-2017

Application type: First submission

## Study registrations

### Followed up by the following (possibly more current) registration

ID: 48851

Bron: ToetsingOnline

Titel:

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL6293
NTR-old	NTR6467
CCMO	NL62067.029.17
OMON	NL-OMON48851

## Study results

### Summary results

Kuil SD, Hidad S, Fischer JC, et al. Sensitivity of point-of-care testing C-reactive protein and procalcitonin to diagnose urinary tract infections in Dutch nursing homes: PROGRESS study protocol. BMJ Open 2019;9:e031269. doi:10.1136/bmjopen-2019-031269.