

# The effects of propranolol on fear of wisdom tooth removal: A randomized, placebo-controlled, double-blind, parallel design trial

No registrations found.

|                              |                |
|------------------------------|----------------|
| <b>Ethical review</b>        | Not applicable |
| <b>Status</b>                | Suspended      |
| <b>Health condition type</b> | -              |
| <b>Study type</b>            | Interventional |

## Summary

### ID

NL-OMON27619

### Source

NTR

### Health condition

Dental phobia / Odontophobia / Specific phobia, blood-injection-injury type

## Sponsors and support

**Primary sponsor:** Academical Center for Dentistry Amsterdam (ACTA)

**Source(s) of monetary or material Support:** Academical Center for Dentistry Amsterdam (ACTA)

## Intervention

## Outcome measures

### Primary outcome

- emotional intensity and vividness of traumatic memory
- state anxiety
- trait anxiety

- heart rate, blood pressure

### **Secondary outcome**

- PTSD-symptom severity and dental phobia

## **Study description**

### **Background summary**

Growing evidence suggests that beta-blocking agents reduce fearful memory. The current study aims to evaluate the effects of propranolol in the treatment of dental fear and phobia.

Research objectives are to evaluate the effect of propranolol (120 mg) in dental anxiety on:

1. Emotional arousal during treatment;
2. Emotional intensity of traumatic memory of (a) the phobia's core traumatic event (b) the latest dental treatment;
3. Dental phobia in the long term.

### **Study objective**

We hypothesize that subjects taking propranolol (1h preoperative and directly postoperative) will report:

1. lower levels of state anxiety
2. lower levels of dental trait anxiety
3. lower levels of aversive traumatic memory
4. lower levels of physiological arousal before a next procedure

### **Study design**

Patients are assessed at three time points:

1. Shortly before and after the first treatment sessions (day 1);
2. Shortly before and after the second treatment session (day 30).

### **Intervention**

At day one:

Third molar removal:

1. Propranolol 80 mg prior to, and 40 mg directly after treatment, or;
  2. Placebo 80 mg prior to, and 40 mg directly after treatment.
- At day 30: Third molar removal.

## Contacts

### Public

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## Eligibility criteria

### Inclusion criteria

1. Excessive anxiety for necessary third molar extraction;
2. Age above 18 years.

### Exclusion criteria

1. Systolic blood pressure < 100mmHg;
2. Allergic asthma, Decompensatio cordis, Cardiac arrhythmia or Insulin-dependent diabetes;
3. Previous adverse reaction to a beta-blocking agent;
4. Use of another beta-blocking agent;
5. Pregnant or breast feeding;
6. Being in psychotherapy elsewhere;

7. Renal failure.

## Study design

### Design

|                     |                               |
|---------------------|-------------------------------|
| Study type:         | Interventional                |
| Intervention model: | Parallel                      |
| Allocation:         | Randomized controlled trial   |
| Masking:            | Double blinded (masking used) |
| Control:            | Placebo                       |

### Recruitment

|                           |             |
|---------------------------|-------------|
| NL                        |             |
| Recruitment status:       | Suspended   |
| Start date (anticipated): | 01-03-2014  |
| Enrollment:               | 60          |
| Type:                     | Anticipated |

### IPD sharing statement

**Plan to share IPD:** Undecided

## Ethics review

|                   |                |
|-------------------|----------------|
| Not applicable    |                |
| Application type: | Not applicable |

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

| Register | ID  |
|----------|---|
| NTR-new  | NL2272                                      |
| NTR-old  | NTR2398                                     |
| Other    | METC AMC / CCMO : 10/062 / NL31184.018.10 ; |
| ISRCTN   | ISRCTN wordt niet meer aangevraagd.         |

## Study results

### Summary results

N/A