# Interaction study of Docetaxel + Tolbutamide and Milk Thistle.

No registrations found.

**Ethical review** Positive opinion **Status** Recruiting

Health condition type -

**Study type** Interventional

# **Summary**

#### ID

NL-OMON27803

#### Source

Nationaal Trial Register

#### **Health condition**

Pharmacokinetic herb-drug interaction, cancer, docetaxel, milk thistle, tolbutamide

Dutch: farmacokinetische interacties, kanker, docetaxel, mariadistel, tolbutamide

## **Sponsors and support**

**Primary sponsor:** The Netherlands Cancer Institute - Antoni van Leeuwenhoek Hospital (NKI-AVL)

**Source(s) of monetary or material Support:** Dutch Cancer Society (KWF Kankerbestrijding)

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

Pharmacokinetic parameters of docetaxel and tolbutamide on day 1 and 22: AUC, Cmax, t1/2.

#### **Secondary outcome**

Safety parameters: (serious )adverse events.

# **Study description**

#### **Background summary**

The use of complementary and alternative medicines (CAM) by cancer patients has increased during the last years and we

hypothesize that interactions between CAM and anticancer drugs can explain unexpected clinical toxicities and undertreatment of chemotherapy in cancer patients.

A CAM which is often used by cancer patients is milk thistle. In vitro assays have shown that milk thistle inhibits the activity of the hepatic enzymes CYP2C9 and CYP3A4. Thus, concomitant use of milk thistle could lead to significant interactions with (anticancer) drugs metabolized by these enzymes. In the present study the well-studied CYP2C9 probe drug tolbutamide has been selected to assess the influence of milk thistle on CYP2C9 activity. Docetaxel, which is mainly metabolized by CYP3A4, has been chosen to investigate the effect of milk thistle on CYP3A4 activity.

Inhibition of CYP2C9 and CYP3A4 by milk thistle is expected to increase plasma levels of tolbutamide and docetaxel.

Until now, no studies have been performed to examine the pharmacokinetics of docetaxel and tolbutamide with coadministration of milk thistle. To investigate whether the inhibition of CYP2C9 and CYP3A4 by milk thistle demonstrated in vitro, is of clinical importance, it is essential to perform this pharmacokinetic interaction study.

#### Study objective

Inhibition of CYP2C9 and CYP3A4 by milk thistle is expected to increase plasma levels of tolbutamide and docetaxel

#### Study design

Day 1 and 22: PK sampling docetaxel and tolbutamide.

End of treatment assessment on day 42.

#### Intervention

Day 1 and day 22: 135 mg docetaxel (IV) + 250 mg tolbutamide (PO).

Cohort A: Three times daily one 180 mg capsule of milk thistle on day 0, 1, 2 and 3;

Cohort B: Three times daily one 180 mg capsule of milk thistle on day 21, 22, 23 and 24.

### **Contacts**

#### **Public**

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# **Eligibility criteria**

#### Inclusion criteria

- 1. Patients for whom treatment with docetaxel is considered to be of therapeutic benefit, e.g. advanced breast, gastric, esophagus, bladder, ovarian cancer and non-small cell lung cancer, head and neck cancer and prostate cancer;
- 2. Histological or cytological proof of cancer;
- 3. Age  $\geq$  18 years;
- 4. WHO performance status of 0, 1 or 2;
- 5. Patient is able and willing to give written informed consent;
- 6. Patient is able and willing to swallow and retain oral medication;
- 7. Patient is able and willing to undergo blood sampling for pharmacokinetics;
- 8. Patient is willing to comply to the protocol and to follow dietary restrictions;
  - 3 Interaction study of Docetaxel + Tolbutamide and Milk Thistle. 13-05-2025

- 9. Life expectancy  $\geq$  3 months allowing adequate follow up of toxicity evaluation and antitumor activity;
- 10. Minimal acceptable safety laboratory values:
- A. ANC of  $\geq 1.5 \times 10^9 / L$ ;
- B. Platelet count of  $\geq 100 \times 10^9 / L$ ;
- C. Hepatic function as defined by serum bilirubin  $\leq 1.5 \times \text{ULN}$ , ALAT and ASAT  $\leq 2.5 \times \text{ULN}$ ;
- D. Renal function as defined by serum creatinine  $\leq 1.5 \times \text{ULN}$  or creatinine clearance  $\geq 50 \text{ ml/min}$  (by

Cockcroft-Gault formula).

11. No radio- or chemotherapy within the last 4 weeks prior to study entry, except for pain palliation.

#### **Exclusion criteria**

- 1. Any treatment with investigation drugs within 30 days before the start of the study;
- 2. Patients with known alcoholism, drug addiction and/or a psychiatric or physiological condition which in the opinion of the investigator would impair study compliance;
- 3. Women who are pregnant or breast feeding;
- 4. Unreliable contraceptive methods. Both men and women enrolled in this trial must agree to use a reliable contraceptive

method throughout the study (adequate contraceptive methods are: condom, contraceptive pill (female partner), abstinence from sexual intercourse, sterilisation of man or woman);

- 5. Legal incapacity;
- 6. Concomitant use of MDR, CYP2C9 and CYP3A modulating drugs such as amiodaron, fluconazole, ketoconazole,

clarithromycin, rifampicin, Ca+-entry blockers (verapamil, dihydropyridines), cyclosporine, quinidine, quinine,

tamoxifen, megestrol and grapefruit juice, concomitant use of HIV medications; other protease inhibitors, (non) nucleoside analogs, or St. John's wort;

- 7. Type I and II diabetes mellitus patients;
- 8. Uncontrolled infectious disease or known HIV-1 or HIV-2 type patients;

- 9. Unresolved (>grade 1) toxicities of previous chemotherapy;
- 10. Bowel obstruction or motility disorders that may influence the absorption of drugs;
- 11. Chronic use of H2-receptor antagonists or proton pump inhibitors;
- 12. Neurologic disease that may render a patient at increased risk for peripheral or central neurotoxicity;
- 13. Symptomatic cerebral or leptomeningeal metastases;
- 14. Use of herbal supplements, especially milk thistle, within 6 weeks prior to study treatment.

# Study design

## **Design**

Study type: Interventional

Intervention model: Crossover

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: N/A, unknown

#### Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 05-03-2012

Enrollment: 10

Type: Anticipated

## **Ethics review**

Positive opinion

Date: 13-09-2012

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

ID: 39305

Bron: ToetsingOnline

Titel:

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

NTR-new NL3459 NTR-old NTR3611

CCMO NL34285.031.10

ISRCTN wordt niet meer aangevraagd.

OMON NL-OMON39305

# **Study results**

#### **Summary results**

N/A