# Does treatment with rosiglitazone result in improved pancreatic beta-cell function as compared to glimepiride in metformin treated diabetes type 2 patients?

No registrations found.

Ethical review	Positive opinion
Status	Suspended
Health condition type	-
Study type	Interventional

# Summary

### ID

NL-OMON27919

**Source** Nationaal Trial Register

**Brief title** N/A

#### **Health condition**

Type 2 diabetes. Type 2 diabetes is a heterogeneous disorder involving varying levels of insulin insensitivity and impaired islet beta-cell function.

### **Sponsors and support**

**Primary sponsor:** Academic Medical Center - Amsterdam **Source(s) of monetary or material Support:** N/A

### Intervention

### **Outcome measures**

#### **Primary outcome**

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The peak insulin concentrations during the hyperglycaemic clamp protocol.

#### Secondary outcome

N/A

# **Study description**

#### **Background summary**

Study title:

Does treatment with rosiglitazon result in improved pancreatic ß-cell function as compared to glimepiride in metformin treated diabetes type 2 patients?

#### Introduction:

Thiazolidinediones, a new class of insulin sensitizing agents, have been shown to induce a shift of fat out of the visceral compartment – among which the pancreas – into the subcutaneous compartment. This could also result in a restoration or preservation of endogenous insulin secretion capacity, loss of which is one of the fundamental defects in Type 2 diabetes. A recent study could not confirm this hypothesis, but various shortcomings in the design of this previous study can be noted, most notably a treatment period that is likely to have been too short, and the fact that patients were not using metformin, the standard treatment for type 2 diabetes.

Aim of the study:

To investigate the effect of rosiglitazon treatment on []-cell function in type 2 diabetes patients as compared to a sulfonylureumderivative, while both groups continue metformin treatment.

Design:

Twenty-two patients will be randomized to metformin with glimepiride 4 mg a day or metformin with rosiglitazon 8 mg a day.

Patients:

Eligible patients are those with Type 2 diabetes using metformin. Exclusion criteria are established coronary heart disease and previous use of a thiazolidinedione.

Measurements:

Patients will undergo a 200 min hyperglycaemic (aiming at 10 mmol/l) clamp with administration of glucagon-like peptide-1 (GLP-1) starting at 120 min (bolus injection of 4.5 pmol/kg followed by a continuous infusion of 1.5 pmol/kg/min until the end of the clamp) and an arginine (5 g) bolus at 180 min to elicit a further []-cell response. Twenty-six weeks later, the assessments will be repeated, again on metformin, other study medication taken until the morning before this assessment.

Outcome measures:

Primary outcome measure will be the peak insulin concentrations during the hyperglycaemic clamp protocol.

Burden for the participants:

The risk for participants is judged to be minor. Participation mainly requires an investment of time and undergoing insertion of the sensors and blood sampling.

8-Aug-2007: trial has stopped because of stop cause problems with inclusion of patients.

#### Study objective

By inducing a shift of fat out of the visceral compartment - among which the pancreas - into the subcutaneous compartment rosiglitazone results in improved pancreatic beta-cell function in type 2 diabetes patients, as compared to a sulfonylureumderivative, while both groups continue metformin treatment.

#### Study design

N/A

#### Intervention

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Patients will be randomized to 26 weeks of treatment with metformin with glimepiride 4 mg a day or metformin with rosiglitazone 8 mg a day.

Before the start of the treatment patients will undergo a 200 min. hyperglycaemic (aiming at 15 mmmol/l) clamp with administration of glucagon-like peptide-1 (GLP-1) starting at 120 min. and an arginine bolus at 180 min. to elicit a further beta-cell response.

Twenty-six weeks later, the assessments will be repeated, again on metformin, other study medication taken until the morning before this assessment.

# Contacts

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# **Eligibility criteria**

### **Inclusion criteria**

- 1. Informed consent form signed;
- 2. Type 2 diabetes patients, accoring to WHO criteria;
- 3. Age 18-70 years;
- 4. Use of metformin, at least 500 mg a day;

5. HbA1c > 7.0% inclusive when on metformin alone, or > 6.5 % when on combination therapy of metformin and a sulfonylureumderivative.

Use of a sulfonylureumderivative is allowed, with a wash-out period of four weeks before the first assessments.

### **Exclusion criteria**

- 1. Established coronary heart disease;
- 2. Previous use of a thiazolidinedione.

# Study design

### Design

Interventional
Parallel
Randomized controlled trial
Open (masking not used)
Active

## Recruitment

NL	
Recruitment status:	Suspended
Start date (anticipated):	01-09-2004
Enrollment:	22
Туре:	Anticipated

# **Ethics review**

Positive opinion
Date:
Application type:

07-02-2006 First submission

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL549
NTR-old	NTR605
Other	: N/A
ISRCTN	ISRCTN52245496

# **Study results**

Summary results N/A