Going to Stay at Home: continuation, translation and evalution of an intensive residential program aimed at the carer of persons with dementia to reduce carer burden and neuropsychiatric symptoms of persons with dementia.

No registrations found.

Ethical review Positive opinion

Status Pending

Health condition type -

Study type Interventional

Summary

ID

NL-OMON28064

Source

NTR

Brief title

GTSAH

Health condition

Experiencied burden and Quality of life of caregivers of people with dementia Neuropsychiatric symptoms of people with dementia

Sponsors and support

Primary sponsor: S.U. (Sytse) Zuidema, MD, PhD. Professor of Elderly Care Medicine and Dementia Department of General Practice UMCG / Faculty of General Practice, Groningen The Netherlands

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Source(s) of monetary or material Support: ZonMw, program Memorabel, Deltaplan Dementie,

Alzheimer Nederland Zilveren Kruis: THEIA Fonds,

Laurens Rotterdam (initiator)

Intervention

Outcome measures

Primary outcome

Carer: Self Rated Burden Scale- VAS, CarerQol-7D; CarerQol-VAS

Person with dementia: Neuro Psychiatric Inventory

Secondary outcome

Carer: experienced health (RAND 36/SF36);

use of facilities and health care,

quality of life (EQ5D), use of psychotropic drugs, depression: Center for Epidemiologic Studies- Depression (CES-D) and anxiety: Hospital Anxiety and Depression Scale, anxiety subscale (HADS-A).

Person with dementia:

Katz index of independence basic activities of daily living (ADL), instrumental activities of daily living (IADL); Dementia Quality of life instrument DQI, use of facilities and health care; agitation: Cohen-Mansfield Agitation Inventory- Community: (CMAI-C); severity of dementia: Geriatric Deterioration Scale (GDS-Reisberg); use of psychotropic drugs

Study description

Study objective

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Is an intensive multimodel multicomponent program for caregivers of people with dementia more effective than care as usual for the well being of the carer and the person with dementia

Study design

base line; 3 months; 6 months

Intervention

7- day residential intensive training of carers of people with dementia. The training is an intensive multi-component and multi-model training comprising psycho-social and psycho educational interventions and training of practical skills. Parallel to this training their partners with dementia receive an own program with therapeutic components and pleasant activities.

The control group will receive care as usual.

Contacts

Public

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Eligibility criteria

Inclusion criteria

Couples of caregiver and person with dementia living together

Person with dementia: diagnosis dementia, understanding and speaking Dutch

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Caregivers: understanding and speaking Dutch

Exclusion criteria

Person with dementia: agressive behaviour or wandering

Study design

Design

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Single blinded (masking used)

Control: Active

Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 22-05-2016

Enrollment: 144

Type: Anticipated

Ethics review

Positive opinion

Date: 25-04-2016

Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register ID

NTR-new NL5690 NTR-old NTR5834

Other : ZonMw 733050601

Study results