

# Dynamical Interpersonal Therapy for older adults: a proof of concept study

No registrations found.

<b>Ethical review</b>	Not applicable
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON28099

### Source

Nationaal Trial Register

### Health condition

anxiety  
depression  
personality disorder  
interpersonal problems

## Sponsors and support

**Primary sponsor:** GGZ Breburg, Tranzo

**Source(s) of monetary or material Support:** GGZ Breburg

## Intervention

## Outcome measures

### Primary outcome

Symptomatic distress

## **Secondary outcome**

Reflective functioning

Interpersonal functioning

## **Study description**

### **Background summary**

Exploring the presumed mechanisms of change in DIT, reflective functioning and interpersonal functioning.

### **Study design**

Primary and secondary outcomes are assessed at start of treatment, mid-treatment and end of treatment

### **Intervention**

Dynamic Interpersonal Therapy

## **Contacts**

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## Eligibility criteria

### Inclusion criteria

Patients aged 60 years and older from GGZ Centre for geriatric psychiatry with a primary diagnosis of anxiety disorder, depressive disorder and/or a personality disorder according to DSM-5 criteria

### Exclusion criteria

1) living extremely isolated so that patients do not have any interpersonal relationships, 2) neurocognitive disorders, 3) autism spectrum disorder, 4) psychotic disorders, 5) substance use disorder in need of detoxification.

## Study design

### Design

Study type:	Interventional
Intervention model:	Other
Masking:	Open (masking not used)
Control:	N/A , unknown

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	14-03-2018
Enrollment:	40
Type:	Anticipated

## Ethics review

Not applicable	
Application type:	Not applicable

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
NTR-new	NL5530
NTR-old	NTR7096
Other	:

## Study results