

Online Communities

No registrations found.

Ethical review	Not applicable
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON28115

Source

Nationaal Trial Register

Brief title

TBA

Health condition

The intervention is meant for women who report anxiety and stress because of the COVID-19 crisis.

Sponsors and support

Primary sponsor: Sasja Duijff, PhD (UU/OuderKindLijn), Eva Potharst, PhD (UvA/UvA minds)

Source(s) of monetary or material Support: ZonMw

Intervention

Outcome measures

Primary outcome

Maternal symptoms of stress, depression and anxiety

Secondary outcome

Maternal bonding to the (unborn) child, and evaluation questionnaire

Study description

Background summary

This study focuses on the effectiveness of Online Communities, a 3-session intervention for pregnant women and women that have given birth to their baby in the past month, who experience stress because of the COVID-19 crisis. This preventive project has started on the initiative of psychologists and midwives. Midwives refer participants to the intervention, and the aim of the intervention is to decrease symptoms of stress, anxiety and depression, to receive scientific information about COVID-19, and exchange experiences in the group. The study had three measurement occasions (pretest, posttest, follow-up) and makes use of online questionnaires. The aim of the study is to examine the acceptability and effectiveness of the intervention on maternal symptoms of stress, anxiety and depression and maternal bonding with the (unborn) child, and to study whether improvement between pretest and posttest are predictive of parental self-efficacy 6 months after the intervention.

Study objective

It is hypothesized that after following the online intervention Online Communities, symptoms of stress, anxiety and depression will decrease, and bonding with the (unborn) child will increase.

Study design

Pretest, posttest, 6-month follow-up

Intervention

Online Communities, a 3-session online intervention offered by a psychologist and a midwife, in which participants are given information, and are taught coping strategies.

Contacts

Public

UvA minds
Eva Potharst

0617698305

Scientific

UvA minds
Eva Potharst

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Eligibility criteria

Inclusion criteria

Pregnant women or women in the first month after giving birth, who speak Dutch and experience worries or stress about the COVID-19 crisis.

Exclusion criteria

Psychiatric problems for which individual or more intensive treatment is needed.

Study design

Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Non controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	09-04-2020
Enrollment:	50
Type:	Anticipated

IPD sharing statement

Plan to share IPD: No

Ethics review

Not applicable
Application type:

Not applicable

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL8842
Other	EC of the UvA : 2020-CDE-12134

Study results