

# Non-antibiotic versus Antibiotic Prophylaxis for Recurrent Urinary Tract Infections.

No registrations found.

<b>Ethical review</b>	Positive opinion
<b>Status</b>	Recruiting
<b>Health condition type</b>	-
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON28294

### Source

Nationaal Trial Register

### Brief title

The NAPRUTI-study.

### Intervention

### Outcome measures

#### Primary outcome

1. The numbers of recurrences of symptomatic UTI;
2. Time to first occurrence of antibiotic resistance in urine or faeces.

#### Secondary outcome

1. Incidence of other infections;
2. Incidence of asymptomatic bacteriuria events;
3. Quality of life;

#### 4. Costs per prevented UTI.

## Study description

### Background summary

N/A

### Study objective

N/A

### Intervention

In trial A, 280 pre-menopausal women will receive either cranberry capsules (twice daily 500 mg) or standardized antibiotic treatment (once daily 480 mg trimethoprim-sulfamethoxazole = TMP/SMX).

In trial B, 280 postmenopausal women will receive either lactobacilli oral therapy ( twice daily a capsule with  $>10^9$  Lactobacillus rhamnosus GR-1 and L. reuteri RC-14) or standardized antibiotic treatment (480 mg TMP/SMX).

The “double-dummy”-method is used for blinding. Each patient receives 1 tablet and 2 capsules daily, but only one of them (the tablet or the capsules) contains the active substance. All study medication must be taken for the duration of 12 months.

During the treatment period and the three months after stopping the treatment (wash-out period), each month patients have to fill in a short questionnaire and collect urine, faeces and a vaginal swab for culturing.

## Contacts

### Public

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## Eligibility criteria

### Inclusion criteria

1. Women aged 18 years or older;
2. At least 3 symptomatic urinary tract infections, uncomplicated or complicated, in the year preceding study inclusion OR already using any form of prophylaxis to prevent recurrences of urinary tract infections and at least 3 symptomatic urinary tract infections in the year before the start of the prophylaxis.

### Exclusion criteria

1. Life expectancy
2. Legally incapable;
3. A renal transplant in the medical history;
4. Contraindications for or relevant interactions with TMP/SMX;
5. Additional exclusion criteria for trial A (pre-menopausal women randomized to either cranberry capsules or TMP/SMX);
6. Breastfeeding, pregnancy, or pregnancy wish for the next year;
7. Contraindications for or relevant interactions with cranberries.

## Study design

## Design

Study type:	Interventional
Intervention model:	Parallel
Masking:	Double blinded (masking used)
Control:	Active

## Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-09-2005
Enrollment:	560
Type:	Anticipated

## Ethics review

Positive opinion	
Date:	15-07-2005
Application type:	First submission

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL49
NTR-old	NTR79

**Register**

Other  
ISRCTN

**ID**

: Project 6200.0017 (ZonMw)  
ISRCTN50717094

## Study results

**Summary results**

N/A