# MisoREST: What schould be done in women with an incomplete evacuation of the uterus after treatment with misoprostol for miscarriage?

No registrations found.

**Ethical review** Positive opinion

**Status** Recruitment stopped

Health condition type -

Study type Interventional

## **Summary**

#### ID

NL-OMON28421

Source

NTR

**Brief title** 

**MisoREST** 

#### **Health condition**

misoprostol, incomplete evacuation, curettage, expectant management misoprostol, zwangerschapsrest, curettage, expectatief beleid

## **Sponsors and support**

**Primary sponsor:** AMC

Source(s) of monetary or material Support: ZonMW

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

Sonographic finding of empty uterus (max diameter of uterine contents < 10mm); 6 weeks after randomization.

## **Secondary outcome**

- 1. Quality of Life (measured with SF-36 and HADS): baseline, 1-2 weeks, 4 weeks and 3 months after randomization;
- 2. Recovery specific Quality of Life: measured with RI-10 4 weeks after randomization, and EuroQol 3 months after randomization;
- 3. Number of out-of-protocol visits in the 3 months after randomization;
- 4. Numer of (re)interventions in the 3 months after randomization;
- 5. Pregnancy rates after 12 months.

# **Study description**

#### **Background summary**

Objective of the MisoREST trial: To assess the effects of curettage versus expectant management in women with incomplete evacuation of the uterus after treatment with misoprostol for first trimester miscarriage.

## **Study objective**

The primary study question is phrased as a non-inferiority hypothesis of expectant management versus curettage. Curettage is expected to lead to a higher proportion of patients successfully treated, but we anticipate that women will prefer expectant management if the proportion of success is not substantially lower.

#### Study design

Primary outcome (sonographic finding of empty uterus): 6 weeks.

Secondary outcomes:

- 1. Quality of life: baseline, 1-2 weeks, 4 weeks and 3 months;
- 2. Out-of-protocol visits: 3 months;
- 3. (Re)interventions: 3 months;
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4. Pregnancy rates: 12 months.

#### Intervention

- 1. Curettage;
- 2. Expectant management.

## **Contacts**

#### **Public**

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# **Eligibility criteria**

#### Inclusion criteria

- 1. First trimester miscarriage treated with misoprostol;
- 2. Sonographic evidence of remnant at follow-up 1-2 weeks after initial treatment.

## **Exclusion criteria**

- 1. Age < 18 years;
- 2. Severe vaginal bleeding;
- 3. Severe abdominal pain;
- 4. Fever (> 38.0) or sepsis requiring antibiotic treatment and curettage;
- 5. Failed misoprostol-induced miscarriage: sonigraphic finding of intact gestational sac still in
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# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 01-02-2012

Enrollment: 162

Type: Actual

## **Ethics review**

Positive opinion

Date: 27-02-2012

Application type: First submission

# **Study registrations**

# Followed up by the following (possibly more current) registration

ID: 39356

Bron: ToetsingOnline

Titel:

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

NTR-new NL3166 NTR-old NTR3310

CCMO NL38637.018.11

ISRCTN wordt niet meer aangevraagd.

OMON NL-OMON39356

# **Study results**

## **Summary results**

N/A