# Implementation of an evidence based smoking cessation strategy (SMOCC) for patients with COPD in primary care.

No registrations found.

| | |
|---|---|
| **Ethical review** | Positive opinion |
| **Status** | Recruiting |
| **Health condition type** | - |
| **Study type** | Interventional |

## Summary

### ID

NL-OMON28475

**Source**
Nationaal Trial Register

**Brief title**
N/A

**Health condition**

COPD, smoking

### Sponsors and support

**Primary sponsor:** ZONMW

### Intervention

### Outcome measures

#### Primary outcome

Primary outcome measures will be biochemically validated smoking abstinence at 12 and 18 months.

#### Secondary outcome

Secundary outcome measures will be counseling contacts and counseling behaviour of professionals and cessation attempts of patients.

# Study description

### Background summary

COPD is an increasing cause of death and morbidity and smoking is its primary cause. Professional smoking cessation treatment is very cost-effective and therefore recommended by national guidelines. A controlled study demonstrated that a smoking cessation protocol in routine primary care, specifically targeted at patients with COPD (SMOCC), doubled the quit rates. The protocol was tested under optimal trial conditions, but it is unclear if a large-scale implementation strategy is (cost-)effective. Therefore the present study investigates an large scale implementation strategy in a 2-armed community intervention trial. The research question is how (cost-)effective this implementation strategy is compared to usual implementation procedures.

### Study objective

The large implementation of SMOCC will be more (cost-) effective than the usually applicated basic dissemination strategies for guidelines.

### Intervention

Large scale implementation of a combined strategy, aimed at the complete GP practice team (education by consultant at the practice, help with detecting smoking COPD patients, supplying materials for patient education, helpdesk/website, reminders by e-mail and phone) versus usual care.

# Contacts

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# Eligibility criteria

## Inclusion criteria

1. COPD;
2. Smoking;
3. Age 40 or more.

## Exclusion criteria

1. Under control of lung specialist;
2. Not Dutch-speaking;
3. Serious physical of psychiatric comorbidity;
4. Age under 40.

# Study design

## Design

| | |
|---|---|
| Study type: | Interventional |
| Intervention model: | Parallel |
| Masking: | Open (masking not used) |
| Control: | N/A , unknown |

## Recruitment

NL

| | |
|---|---|
| Recruitment status: | Recruiting |
| Start date (anticipated): | 01-01-2006 |
| Enrollment: | 2700 |
| Type: | Anticipated |

# Ethics review

Positive opinion

| | |
|---|---|
| Date: | 18-01-2006 |
| Application type: | First submission |

# Study registrations

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

| Register | ID |
|---|---|
| NTR-new | NL524 |
| NTR-old | NTR568 |
| Other | : N/A |
| ISRCTN | ISRCTN52757029 |

# Study results

**Summary results**
N/A