# Reduce heatloss in late preterms: Heated matress versus warm cot. What is the effect on body temperature and blood glucose level?

No registrations found.

**Ethical review** Positive opinion

**Status** Pending

Health condition type -

**Study type** Interventional

# **Summary**

#### ID

NL-OMON28481

#### Source

NTR

#### **Health condition**

hypothermia hypoglycemia, late preterms hypothermie, hypoglycemie, randprematuren

## **Sponsors and support**

Primary sponsor: Master Advanced Nursing Practice, Fontys acadamy

Prof. Goossenslaan 1 5022 DM Tilburg The Netherlands fhv-anp@fontys.nl and Amphia hospital

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Breda, The Netherlands

Source(s) of monetary or material Support: initiator=sponsor

#### Intervention

#### **Outcome measures**

#### **Primary outcome**

- 1. Difference between two rectal temperature measurements;
- 2. Blood glucose levels.

#### **Secondary outcome**

- 1. Hospital stay;
- 2. Weight development.

# **Study description**

#### **Background summary**

This trial examines the differences in body temperature and glucose metabolisme between late preterms with a birth weight above 2000 grams during the first 48 hours after birth by using either a warm cot or a gel-heated matress for reducing heatloss. Secundarily this trial examines the effect of these methods on weight development and hospital stay.

It is an randomized controlled trial, randomization by SNOSE.

#### **Study objective**

There is no significant difference between the heated matress and warm cot as far as body temperature and glucose metabolism in late preterms are concerned.

#### Study design

Temperature measurement with rectal digital thermometer.

Bed-side measurement blood glucose level with Accu-chek®.

T1= temp at arriving at neonatal unit;

T2= temp and glucose 1 hr. postpartum;

T3= temp and glucose 3 hrs. postpartum;

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T4= temp and glucose 6 hrs. postpartum;
T5= temp and glucose 12 hrs. postpartum;
T6= temp 18 hrs. postpartum;
T7= temp and glucose 24 hrs. postpartum;
T8= temp 30 hrs. postpartum;
T9= temp 36 hrs. postpartum;
T10= temp 42 hrs. postpartum;
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T11= temp 48 hrs. postpartum.

The weight development is the difference between the birth weight and the lowest body weight during hospital stay, in percentage terms.

#### Intervention

Randomisation between warm cot and gel-heated matresses in the first 48 hours after birth. The cot is preheated with two hot water bottles. The initial temperature of the gel-heated matress is 37.8 degrees Celcius.

## **Contacts**

#### **Public**

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# **Eligibility criteria**

### **Inclusion criteria**

- 1. Late preterm (34 0/7-36 6/7), birthweight>2000 gram;
- 2. Nursery at neonatal unit;
- 3. Informed consent from parents.

#### **Exclusion criteria**

- 1. CPAP or mechanical respiration;
- 2. Asphyxia;
- 3. Skin lesion.

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

#### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 10-10-2011

Enrollment: 46

Type: Anticipated

# **Ethics review**

Positive opinion

Date: 26-09-2011

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

NTR-new NL2936 NTR-old NTR3083 Other : N/A

ISRCTN wordt niet meer aangevraagd.

# **Study results**

#### **Summary results**

N/A