# Body composition and colorectal cancer recurrence and survival

No registrations found.

**Ethical review** Positive opinion **Status** Suspended

Health condition type

**Study type** Observational non invasive

## **Summary**

#### ID

NL-OMON28515

Source

Nationaal Trial Register

**Health condition** 

Colorectal cancer, sarcopenia, obesity colorectale kanker, sarcopenie, obesitas

## **Sponsors and support**

**Primary sponsor:** Wageningen University and Research

**Source(s) of monetary or material Support:** Wereld Kanker Onderzoek Fonds (WCRF-NL) & World Cancer Research Fund International (WCRF International) including grant number: 2014/1179; Alpe d'Huzes/Dutch Cancer Society (UM 2012-5653, UW 2013-5927); and 'Kankeronderzoekfonds Limburg' as part of Health Foundation Limburg (grant no. 00005739).

#### Intervention

#### Outcome measures

#### **Primary outcome**

Overall mortality

#### **Secondary outcome**

## **Study description**

#### **Background summary**

Colorectal cancer patients who are obese or underweight may have a higher chance of recurrence of cancer, or of dying in comparison to patients of normal weight. However, data are sparse and inconsistent. Part of the inconsistency may be explained by differences in body composition: body fatness is often mainly assessed as body mass index (BMI), which does not give information about a persons' fat and or muscle mass. Excess fat mass in combination with low muscle mass – sarcopenic obesity - has been related to worse survival in comparison with persons who do not have a low muscle mass. These findings underline the need to study the associations of muscle and fat mass both separately and combined with recurrence and survival. Within the current proposal, these associations will be studied.

The study will be performed in The Netherlands

#### **Study objective**

There are three main hypotheses:

- 1.visceral adiposity is associated with increased risk of recurrence and with decreased survival.
- 2.indicators of low muscle quality (low muscle mass, low muscle attenuation and increased inter-muscular fat areas) are associated with decreased survival,
- 3.indicators of low muscle quality are associated with decreased survival independent of adipose tissue area, but not with recurrence

#### Study design

Overall mortality and recurrence data will be updated for every paper

#### Intervention

Data from two ongoing prospective cohort studies are combined with registry-based data from three hospitals. The prospective cohorts, i.e., the COLON (and EnCoRe studies, started in 2010 and 2012, respectively. For the registry-based data the Netherlands Cancer Registry is used to select all stage I-III CRC patients diagnosed between 2007 and 2013.

## **Contacts**

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## **Eligibility criteria**

#### **Inclusion criteria**

Stage I-III colorectal cancer

Available CT-scan at diagnosis

#### **Exclusion criteria**

Stage IV colorectal cancer; missing or unusable CT scans (i.e. CT scans of poor quality or scans where muscle tissue was partly cut-off).

## Study design

## Design

Study type: Observational non invasive

Intervention model: Other

Masking: Single blinded (masking used)

Control: N/A, unknown

#### Recruitment

NL

Recruitment status: Suspended Start date (anticipated): 01-04-2015

Enrollment: 2000

Type: Anticipated

## **Ethics review**

Positive opinion

Date: 19-01-2018

Application type: First submission

## **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register ID

NTR-new NL6786 NTR-old NTR6971

Other WCRF-NL & WCRF International: 2014/1179

## Study results