# Primary care Research on Outcomes of COVID-19

No registrations found.

**Ethical review** Not applicable

**Status** Pending

Health condition type -

**Study type** Observational non invasive

# **Summary**

### ID

NL-OMON28610

**Source** 

Nationaal Trial Register

**Brief title** 

PRO-COVID-19

**Health condition** 

complicated respiratory tract infections, COVID-19

# **Sponsors and support**

**Primary sponsor:** UMC Utrecht

Source(s) of monetary or material Support: ZonMW

### Intervention

### **Outcome measures**

### **Primary outcome**

Quality of life (SF-36)

### **Secondary outcome**

episodes of respiratory infections requiring antibiotic prescription, number of contacts with

GP, exacerbations of chronic disorders, hospital referrals, mortality within 12 months, severity and duration of physical complaints, risk factors for delayed clinical recovery, mental complaints or mental disorders, exercise tolerance.

# **Study description**

### **Background summary**

Introduction: While we learn now that complicated COVID-19 respiratory tract infections in hospitalised patients can cause long lasting lingering symptoms, both somatically and psychologically, the long term impact of complicated COVID-19 respiratory tract infections managed at home is still unknown. Knowledge on the prognosis of patients with a complicated COVID-19 respiratory tract infection is important in order to improve follow-up and adequate support of these patients.

Methods: 274 patients with a complicated respiratory tract infection, presenting at the GP between March 1 and June 1 2020 are eligible for inclusion. After informed consent, a venous blood sample for SARS-CoV-2 serology will be taken. Follow-up on patients is performed every 3 months with SF-36 by telephone. Besides, follow-up will focus on signs, symptoms, use of medication, contacts with health care professionals, dyspnea score by Medical Research Council dyspnea questionnaire, exercise tolerance, daily activities and quality of life assessment by SF-36.

12 months after the index consultation extraction of data from medical files of included subjects will take place on: contacts with the health centre and the indication for contact, signs and symptoms, additional testing for possible COVID-19 related complaints (e.g. cough, dyspnea, chest pain, fatigue, impaired exercise tolerance), use of medication, referrals to other health care professionals including psychologist or psychiatrist, outcomes on treatment or diagnostic procedures outside the health centre and mortality.

### Study objective

Patients with respiratory tract infections from COVID-19 experience more often long lasting complaints

### Study design

3-6-9-12 months after consulting the GP

### Intervention

n.a.

### **Contacts**

### **Public**

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# **Eligibility criteria**

### Inclusion criteria

Patients at least 18 years of age, with a history of a complicated respiratory tract infection, between March 1st and June 1st 2020 in primary care, who were not admitted to the hospital.

### **Exclusion criteria**

Patients with a life expectancy of <1 year, patients who were hospitalized in the previous 14 days before the index consultation at the COVID-19 centre, patients not capable of performing telephone interviews, patients who were hospitalised within 14 days after the index consultation.

# Study design

# **Design**

Study type: Observational non invasive

Intervention model: Other

Allocation: Non controlled trial

Masking: Open (masking not used)

Control: N/A, unknown

### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-08-2020

Enrollment: 274

Type: Anticipated

### **IPD** sharing statement

Plan to share IPD: Undecided

## **Ethics review**

Not applicable

Application type: Not applicable

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

NTR-new NL8729

Other METC UMCU : volgt

# **Study results**