Intensive PE for treatment-refractory PTSD patients

No registrations found.

Ethical review	Not applicable
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON28690

Source
NTR

Health condition

Post-Traumatic Stress Disorder (PTSD)

Sponsors and support

Primary sponsor: Behavioural Science Institute, Radboud University Nijmegen
Source(s) of monetary or material Support: Innovatiefonds Zorgverzekeraars

Intervention

Outcome measures

Primary outcome

PTSD symptom severity:

- CAPS

- PSS-SR

Secondary outcome

- Depressive symptoms: BDI-II

- Dissociative symptoms: DES

- Autonomy and social optimism: PUL

- Trauma identification: ITSS

- Schizotypy: O-LIFE

Study description

Background summary

The present study aims to examine the effectiveness and feasibility of an outpatient brief intensive exposure treatment for treatment-refractory complex PTSD patients. The new treatment program makes use of proven effective therapy techniques in processing the trauma and decreasing PTSD symptoms, whereas the delivery of the treatment is using a new format: 4 days (spread over two weeks).
Country of Recruitment: The Netherlands

Study objective

The present study aims at the improvement of the treatment of adults with treatment-refractory PTSD with an open clinical study examining the effectiveness and feasibility of a brief intensive exposure treatment.

Study design

All measures:

- before treatment (baseline: A0);

- seven weeks after baseline (post treatment: A1);

- 18 weeks after baseline (follow up 1: A2);

- and 30 weeks after baseline (follow up 2: A3).

PSS-SR:

- time points as defined above;

- as well as in week 3,4,5 and 6 (before follow up appointments).

Intervention

Brief intensive exposure treatment:

4 days (spread over two weeks), offered in three blocks of 90 minutes each day and four follow up appointments (90 minutes each).

Contacts

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Eligibility criteria

Inclusion criteria

(1) Age ≥ 18 years.

(2) History of multiple interpersonal traumas.

(3) Meeting full DSM-IV diagnostic criteria of PTSD established through the Clinical-Administered PTSD Scale (CAPS).

(4) Lack of treatment response during regular PTSD guideline treatment.

Exclusion criteria

(1) Suicide attempt within 8 weeks prior to study entry.

(2) Inability to speak and write Dutch.

(3) Severe intellectual impairment (IQ≤ 70)

Study design

Design

Study type:	Interventional
Intervention model:	Other

Control: N/A , unknown

Recruitment

NL

Recruitment status:	Recruiting
Start date (anticipated):	01-01-2012
Enrollment:	75
Type:	Anticipated

Ethics review

Not applicable

Application type:	Not applicable

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL5576
NTR-old	NTR5931
Other	Innovatiefonds Zorgverzekeraars : 2335

Study results

Summary results
N/A