

Treatment of PTSD in children using cognitive behavioral writing therapy: An open trial

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON28877

Source

NTR

Brief title

N/A

Health condition

PTSD in children and adolescents

Sponsors and support

Primary sponsor: University of Amsterdam

GGZ Dijk en Duin, Zaandam

Source(s) of monetary or material Support: Stichting Kinderpostzegels Nederland

Intervention

Outcome measures

Primary outcome

- PTSD symptoms

Secondary outcome

- PTSD related cognitions
- Depressive symptoms
- General behavior problems

Study description

Background summary

The current study is a pilot study on the effectiveness of cognitive behavioral writing therapy on the computer for children with type 1 and type 2 PTSD.

Study objective

The effectiveness of cognitive behavioral writing therapy on the reduction of PTSD and associated symptoms

Study design

- Pretest
- Posttest (directly after treatment)
- Follow-up 6 months

Intervention

Our study has an uncontrolled pre-post-follow-up design (6 months). Just before treatment the pre-test takes place, directly after treatment the post-test and 6 months after the end of treatment the follow-up is conducted. The treatment is cognitive behavioral writing therapy and follows an extensive manual (Lucassen & Van der Oord, 2006). The most important elements of the treatment are psycho-education, exposure, cognitive restructuring, promoting adequate coping, and social sharing. Children write together with the therapist a report of the trauma on the computer during the weekly 1 hour treatment session. Treatment length is variable, thus the therapy ends when a complete detailed written account is made of the traumatic experience.

Contacts

Public

GGZ Dijk en Duin
Westzijde 120

S. Lucassen
Zaandam
The Netherlands
+31 (0)756814410

Scientific

GGZ Dijk en Duin
Westzijde 120

S. Lucassen
Zaandam
The Netherlands
+31 (0)756814410

Eligibility criteria

Inclusion criteria

1. Diagnosis of PTSD
2. Age 8-18 years
3. Estimated IQ of 80 or above

Exclusion criteria

1. Ongoing trauma-related threat
2. Unstable home situation
3. Other psychiatric problems present that needed more urgent treatment

Study design

Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Non controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	01-09-2006
Enrollment:	50
Type:	Anticipated

Ethics review

Positive opinion	
Date:	07-05-2008
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL1265

Register

NTR-old

Other

ISRCTN

ID

NTR1311

Stichting Kinderpostzegels : 24924/I/5

ISRCTN wordt niet meer aangevraagd

Study results

Summary results

N/A