

# Gait and balance in patients with an osteoporotic vertebral compression fracture: The effect of bracing.

No registrations found.

<b>Ethical review</b>	Not applicable
<b>Status</b>	Other
<b>Health condition type</b>	-
<b>Study type</b>	-

## Summary

### ID

NL-OMON28889

### Source

Nationaal Trial Register

### Brief title

Gait and balance in patients with OVCF

### Health condition

Osteoporotic vertebral compression fractures

## Sponsors and support

**Primary sponsor:** Maastricht University Medical Center

**Source(s) of monetary or material Support:** Not applicable

## Intervention

## Outcome measures

### Primary outcome

The main study parameter is the assessment of margins of stability (MOS) at baseline, at six weeks and at six months follow-up.

The patients will walk in a Computer Assisted Rehabilitation ENvironment (CAREN). The

effects of walking with and without orthosis will be assessed on 'Margins Of Stability' (MOS). The MOS is defined as the distance between a velocity adjusted or 'extrapolated' position of the center of mass (XcoM) and the edge of an individual's base of support (BOS) at any given instant in time. The MOS is directly related to the impulse (I) required that causes instability. Center of mass (COM) position will be estimated as the average position of the four pelvis markers (right and left anterior and superior iliac spine).

## **Secondary outcome**

1. To assess the effect of the Osteolind® plus orthosis on gait parameters, such as walking velocity, cadence, step time, and step length;
2. To assess the effect of the Osteolind® plus orthosis on quality of life (VAS, Tinetti scale, Qualeffo-41);
3. To assess the effect of the Osteolind® plus orthosis on sagittal alignment as determined on plain radiographs;
4. To assess the effect of the Osteolind® plus orthosis on trunk motion.
5. To assess the effect of the Osteolind® plus orthosis on the incidence of falls.

## **Study description**

### **Study objective**

Pilot study

### **Study design**

1 week, 6 weeks and 6 months after visit at ER

### **Intervention**

All subjects are prescribed to wear the thoracolumbar orthosis Osteolind® plus (Werkmeister, Wanfried, Germany) in the acute stage (the first six weeks after presentation at the Emergency department) for the entire day (during the night is optional). In the subacute stage (week six of disease onset) the subjects will be requested to wear the Osteolind® plus orthosis at least 6 hours daily, and after three months for at least 3 hours daily until the final follow-up at six months.

## Contacts

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## Eligibility criteria

### **Inclusion criteria**

- Female;
- Age 60 years or older;
- Fully ambulatory subject (ability to perform a 15 meter walk test without walking aids);
- Symptomatic osteoporotic vertebral compression fracture;
- Presenting at emergency department MUMC;
- Willing and able to provide informed consent.

### **Exclusion criteria**

- Male;
- Unstable vertebral fractures requiring surgery;

- Fractures due to high energetic trauma;
- Neurologic deficit, active cancer;
- Alcohol or drugs use affecting balance or influencing central nervous system (within 48 hours before testing);
- History of neurogenic or myopathic disorders impairing sensory or motor functions;
- Psychiatric or mental disease;
- Insufficient cognitive or language skills to complete questionnaires.

## Study design

### Design

**Intervention model:** Other

Masking: Open (masking not used)

Control: N/A , unknown

### Recruitment

NL

Recruitment status: Other

Start date (anticipated): 01-07-2015

Enrollment: 15

Type: Unknown

## Ethics review

Not applicable

Application type: Not applicable

## Study registrations

## Followed up by the following (possibly more current) registration

ID: 43909

Bron: ToetsingOnline

Titel:

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
NTR-new	NL5111
NTR-old	NTR5243
CCMO	NL52978.068.15
OMON	NL-OMON43909

## Study results