# Treatment strategy in patients with recurrent vasovagal syncope.

No registrations found.

**Ethical review** Positive opinion **Status** Recruiting

Health condition type -

Study type Interventional

# **Summary**

### ID

NL-OMON28970

**Source** 

NTR

**Brief title** 

STAND (Syncope Treatment Association Netherlands Danmark)

**Health condition** 

Vasovagal syncope

## **Sponsors and support**

**Primary sponsor:** Academic Medical Center

Source(s) of monetary or material Support: Netherlands Heart Foundation

#### Intervention

### **Outcome measures**

## **Primary outcome**

Total burden of syncope recurrence.

## **Secondary outcome**

- 1. Time to first recurrence syncope and presyncope;
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- 2. Presyncope burden;
- 3. Quality of life.

# **Study description**

## **Background summary**

Patients with recurrent vasovagal syncope will be randomised between conventinal therapy alone of additional training in counterpressure manoeuvres.

In case of recurrence a trial with midodrine (double nlind cross over) will be added to the therapy.

## Study objective

- 1. In patients with recurrent vasovagal syncope, current conventional therapy will fail in 40%, after 1 year follow-up.
- 2. In patients with recurrent vasovagal syncope, treated with conventional therapy and training in physical counterpressure manoeuvres, failure rate will be reduced to 20% (50% reduction) and Quality of Life will improve significantly.
- 3. In the subgroup of patients with recurrent vasovagal syncope, refractory to training in physical counterpressure manoeuvres, Midodrine therapy will lead to a recurrence rate of less than 20% and will improve Quality of Life significantly.

#### Intervention

- 1. Physical Counterpressure Manoeuvres;
- 2. Midodrine.

## **Contacts**

#### **Public**

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# **Eligibility criteria**

## Inclusion criteria

- 1. Clinical diagnosis of classical neurally- mediated reflex syncope, based on the medical history of non-classical diagnosis of neurally-mediated reflex syncope and a positive tilt-table test;
- 2. 3 syncope episodes in the last 2 years;
- 3. Recognizable prodromal symptoms;
- 4. Age 18-70 years.

## **Exclusion criteria**

- 1. Suspected or certain heart disease and high likelihood of cardiac syncope;
- 2. Orthostatic hypotension;
- 3. Episodes of loss of consciousness different from syncope (e.g. epilepsy, psychiatric, metabolic, drop-attack, TIA, intoxication, cataplexy);
- 4. Steal syndrome;
- 5. Psychologically or physically (due to any other illness) or cognitively unfit for participation in the study according to the opinion of the investigator;
- 6. Patient compliance doubtful;
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- 7. Patient geographically or otherwise inaccessible for follow-up;
- 8. Patient unwilling or unable to give informed consent;
- 9. Pregnancy;
- 10. Life expectancy < 1 year.

# Study design

## **Design**

Study type: Interventional

Intervention model: Crossover

Masking: Single blinded (masking used)

Control: Active

## Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 02-01-2005

Enrollment: 300

Type: Anticipated

## **Ethics review**

Positive opinion

Date: 24-08-2005

Application type: First submission

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

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## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

**Register ID** NTR-new NL112

NTR-old NTR143

Other : NHS 2003B156 ISRCTN ISRCTN29932893

# **Study results**

## **Summary results**

N/A