Therapeutic Assessment Study.

No registrations found.

Ethical review	Positive opinion
Status	Recruiting
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON28991

Source
Nationaal Trial Register

Brief title
TAS

Health condition

personality disorders, therapeutic assessment, diagnostics

Sponsors and support

Primary sponsor: PTC De Viersprong
Psychotherapeutic Center 'The Viersprong'
PO Box 7
4660 AA Halsteren
Source(s) of monetary or material Support: PTC De Viersprong

Intervention

Outcome measures

Primary outcome

1. Symptomatic Change (BSI);

2. Demoralization (MMPI).

Secondary outcome

1. Self-esteem (Rosenberg);

2. Motivation for Change.

Study description

Background summary

Background:

More than ever, clinical assessment needs to demonstrate treatment utility, that is ‘the degree to which assessment [contributes] to beneficial treatment outcome’ (Hayes, Nelson, & Jarrett, 1987), to serve the economic aims of optimal allocation of scarce resources. The presumed paucity of research documenting the treatment utility of clinical assessment has even led some to advocate a reduction of its use in clinical practice.

Aim:

The present proposal puts the treatment utility of Therapeutic Assessment (TA) to the test following a manipulated assessment design.

Method:

Patients with complex personality pathology will be randomized to either a) TA, or b) a short supportive counseling intervention (SC). Treatment outcome narrowly defined as symptomatic change as well as more broadly defined by self-esteem, motivation for change and demoralization will be compared immediately after assessment, at 6 weeks after assessment and 6 weeks into treatment. Both groups will be compared to a Waitlist Only (WL) group, using the Propensity Score method (demonstrated by Bartak et al., 2008). In addition, using an N=1 approach, the change process will be analyzed using a multiple baseline design.

Relevance:

Demonstrate treatment utility of Therapeutic Assessment for this group; expand repertoire of evidence-based assessment interventions.

Study objective

A short semi-structured assessment intervention (TA) results in immediate gains in terms of:
1. Clinical distress;

2. Hope/ demoralization;

3. Readiness for treatment (alliance, stage of change), as compared to a short action-oriented intervention of equal duration (‘4-gesprekken model’).

Study design

1. Start-TA/SC;

2. Post-TA/SC;

3. 6 weeks after TA/SC;

4. 6 weeks into treatment.

Intervention

Patients in the experimental group participate in a Therapeutic Assessment (TA) procedure. The full model TA follows a semi-structured format that involves a) an initial interview aimed at collaboratively formulating assessment questions, b) standard test administration, c) an assessment interventions session, and d) the final feedback session. Individualized reports are subsequently provided (and may include amendments suggested by the patients).

Patients in the control group participate in supportive counselling (SC) sessions, following a modified protocol developed for short term clinical care ("4 gesprekken model"). The aim of this intervention is to get more insight into the most important (core) problem of the patient.

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Eligibility criteria

Inclusion criteria

1. Patients on the Waiting list of the Viersprong;

2. Between 18 and 65 years old;

3. Were assigned to one of the following treatment programs: IKDP, IOP, Kliniek, day-hospital or outpatient treatment programs;

4. Exhibiting (severe) personality pathology as operationalized as satisfying the criteria for one or more DSM Axis-II disorders.

Exclusion criteria

1. Insufficient command of the Dutch Language;

2. Severe organic disorders;

3. Mental Retardation;

4. Primary Psychotic Disorder;

5. Autism- or other severe developmental disorders;

6. Suffer from dementia, delirium or bipolar disorder.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active

Recruitment

NL

Recruitment status:	Recruiting
Start date (anticipated):	01-06-2010
Enrollment:	80
Type:	Anticipated

Ethics review

Positive opinion

Date:	04-08-2010
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL2363

Register ID

NTR-old	NTR2470
Other	Commissie Ethiek voor de programmagroep Klinische psychologie, UvA : 2010-KP-917
ISRCTN	ISRCTN wordt niet meer aangevraagd.

Study results

Summary results

N/A