Innovation in the treatment of Dissociative Identity Disorder: The application of schema therapy.

No registrations found.

Ethical review	Positive opinion
Status	Pending
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON29102

Source
NTR

Health condition

Dissociative Identity Disorder

Sponsors and support

Primary sponsor: University of Groningen
Source(s) of monetary or material Support: University of Groningen

Intervention

Outcome measures

Primary outcome

Dissociative symptoms (DSS), presence of DID (SCID-D), dropout

Secondary outcome

trait dissociative symptoms (MID), PTSD symptoms (PSS-SR), daily functioning (WHODAS), schema mode scores (SMI), treatment progress rated by therapist (PITQ), metamemory

Study description

Background summary

Patients suffering from Dissociative Identity Disorder (DID) were found to have the highest psychiatric treatment costs among patients receiving medical care. There are no consensus treatment guidelines for dissociative disorders and current clinical practice entails lengthy treatment with a high dropout rate. In the current proposal, the efficacy of an alternative treatment for DID (i.e., schema therapy) is tested. Due to the rarity of the disorder and the lengthy treatment of these patients, a case series experimental approach will be used (non-concurrent multiple baseline design). Ten DID outpatients will be included from several community mental health institutes in the Netherlands. A process-measure of dissociative symptoms will be included as index of change. Additionally, various pre-, post-, and follow-up measures will be included encompassing an assessment of the presence of DID, trait dissociative symptoms, comorbid symptomatology, and global symptomatic distress.

Study objective

Investigate the efficacy of schema therapy in Dissociative Identity Disorder

Study design

Multicenter, non-concurrent multiple baseline design. Patients are randomly assigned to one of the predetermined baseline lengths. Baseline observations are carried out, and after an education phase, the treatment is implemented.

Timepoints: Process measure weekly during baseline and education phase, pther measures before and after baseline period, after education phase, each 6 months during intervention, at the end of the intervention and at follow up (six months after the end of treatment).

Additional baseline measures SCID I and II, CTQ.

An additional follow-up assessment will be included one year after the end of treatment (i.e., 6 months after the end of the booster sessions).

Intervention

Treatment will consist of two individual sessions a week during the first two years, followed by one individual session a week during the third year, with each session lasting 50 minutes.

The treatment will be theoretically consistent with the model described in Young, Klosko, and Weishaar (2003), which was expanded for the treatment of BPD patients (van Genderen & Arntz 2010; Farrell & Shaw, 2012), and adapted for the specific treatment needs of DID patients (Farrell & Shaw, 2013).
Six monthly booster sessions will be included after the end of treatment.

Contacts

Public
Experimental Psychopathology, Department of Clinical Psychology
University of Groningen
Grote Kruisstraat 2/1
R.J.C. Huntjens
Groningen 9712 TS
The Netherlands
050-3636764
Scientific
Experimental Psychopathology, Department of Clinical Psychology
University of Groningen
Grote Kruisstraat 2/1
R.J.C. Huntjens
Groningen 9712 TS
The Netherlands
050-3636764

Eligibility criteria

Inclusion criteria

1) Main diagnosis of DID
2) Age between 18 and 60
3) Dutch literacy
4) Stable use of medication

Exclusion criteria

1) Mental retardation (IQ < 80)
2) Drug/alcohol dependency
3) Acute suïcide risk

4) Florid psychotic episodes

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Non controlled trial
Masking:	Open (masking not used)
Control:	N/A , unknown

Recruitment

NL

Recruitment status:	Pending
Start date (anticipated):	01-06-2014
Enrollment:	10
Type:	Anticipated

IPD sharing statement

Plan to share IPD: Undecided

Ethics review

Positive opinion

Date:	07-04-2014
Application type:	First submission

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL4356
NTR-old	NTR4496
Other	Ethische Toetsingscommissie RUG ppo-013-110 : METC UMCG Groningen METc 2013/420

Study results