# Influence of Delivery Mode on User Perceptions

No registrations found.

**Ethical review** Not applicable

**Status** Pending

Health condition type -

**Study type** Interventional

# **Summary**

#### ID

NL-OMON29234

Source

Nationaal Trial Register

**Brief title** 

InfoRoken.nl

### **Health condition**

smoking cessation, web-based tailored intervention

# **Sponsors and support**

**Primary sponsor:** No grants or other form of support is received for this study. The study is carried out at the Faculty of Health, Medicine and Life Sciences, Department Health Promotion of Maastricht University.

**Source(s) of monetary or material Support:** The study is carried out at the Faculty of Health, Medicine and Life Sciences, Department Health Promotion of Maastricht University.

### Intervention

#### **Outcome measures**

#### **Primary outcome**

Anticipated adherence will be measured by two constructs: (1) the intention to revisit the intervention and (2) the intention to recommend the intervention to others.

User experience will be measured by five constructs: (3) effectiveness (4) trustworthiness, (5) enjoyment, (6) active trust, and (7) design aesthetic.

### **Secondary outcome**

Engagement will be measured by the (8) DBCI Engagement Scale. Lastly, an (9) overall grade will be measured.

# **Study description**

### **Background summary**

A fundamental problem of eHealth interventions including computer-tailored interventions is nonusage attrition (i.e. not using the intervention) and dropout attrition (i.e. loss of participants to follow-up). One way to decrease attrition is to adapt the delivery mode of the intervention to the needs of the target population. Animations may be effective in communicating complex health information. However, the effects of using animations in computer-tailored studies have not been explored yet.

This study compares two modes of delivery of a web-based computer-tailored smoking cessation intervention. Participants receive either an animation-based version or a text-based version of the exact same intervention. The aim of this study is to explore the effect of manipulating the mode of delivery (animation- vs. text-based computer-tailoring) on user perceptions.

### **Study objective**

This study is of exploratory nature. The aim of the study is to explore whether differences exist in user perceptions according to mode of delivery (animation- vs. text-based computer-tailoring).

### Study design

N/A

#### Intervention

The web-based computer-tailored smoking cessation intervention that will be used in this study is based on an existing intervention (Trial NL2954), called 'Support to Quit', which has been found to be effective and cost-effective in the Netherlands. The present study will use a shortened version of 'Support to Quit' delivered in an animation-based version and a text-based version. The animation-based version will use narrated animations with little onscreen text. The text-based version will consist of text-based feedback messages without any graphics. The content is exactly the same in both versions; only the mode of delivery differs.

### **Contacts**

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# **Eligibility criteria**

### Inclusion criteria

Inclusion criteria are that participants are at least 18 years old, smoke at the time of study inclusion, and have internet access and sufficient command of the Dutch language.

### **Exclusion criteria**

N/A

# Study design

### **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Single blinded (masking used)

Control: Active

### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 17-04-2019

Enrollment: 200

Type: Anticipated

### **IPD** sharing statement

Plan to share IPD: No

**Plan description** 

N/A

### **Ethics review**

Not applicable

Application type: Not applicable

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

### **Register ID**

NTR-new NL7669

Other Ethical Review Committee Psychology and Neuroscience (ERCPN) Maastricht

University: Master 205 13 03 2019

# **Study results**

### **Summary results**

Stanczyk, N. E., de Vries, H., Candel, M. J., Muris, J. W., & Bolman, C. A. (2016). Effectiveness of video- versus text-based computer-tailored smoking cessation interventions among smokers after one year. Prev Med, 82, 42-50. doi:10.1016/j.ypmed.2015.11.002
Stanczyk, N. E., Bolman, C., van Adrichem, M., Candel, M., Muris, J., & de Vries, H. (2014). Comparison of text and video computer-tailored interventions for smoking cessation: randomized controlled trial. J Med Internet Res, 16(3), e69. doi:10.2196/jmir.3016
Stanczyk, N. E., Smit, E. S., Schulz, D. N., de Vries, H., Bolman, C., Muris, J. W., & Evers, S. M. (2014). An economic evaluation of a video-and text-based computer-tailored intervention for smoking cessation: a cost-effectiveness and cost-utility analysis of a randomized controlled trial. PloS one, 9(10). doi:10.1371/journal.pone.0110117