CBT and Misophonia

No registrations found.

Ethical review	Positive opinion
Status	Recruitment stopped
Health condition type	-
Study type	Interventional

Summary

ID

NL-OMON29419

Source
NTR

Brief title
CBT and Misophonia

Health condition

Misophonia

Sponsors and support

Primary sponsor: None
Source(s) of monetary or material Support: None

Intervention

Outcome measures

Primary outcome

AMisoS-R (Schröder et al., submitted)

Clinical Global Impression Scale (CGI, Guy, 1976)

Secondary outcome

Sheehan Disability Scale (SDS, Sheehan, 1983)

Symptom Checklist-90-R (SCL-90R, Derogatis, 1973)

Euro Quality of life 6 Dimensions (EQ-6D, The EuroQol Group. (2005)

WHO Quality of Life-BREF (WHOQOL-BREF, the WHOQOL group. (1998)

Study description

Background summary

In the AMC the diagnostic criteria for misophonia were established (Schröder et al., 2013) as well as a group therapy with promising results (Schroder et al 2017). In this RCT we evaluate whether CBT is 1) effective in treating misophonia, 2) leads to an improvement in quality of life and 3) in overall functioning.

Study design

T0 = intake

T1 = baseline

T2 = 16 wks after T1 (start treatment/waitinglist)

T3 = 16 wks after T2

T4 = FU1 26 wks after T2 or T3

T5 = FU2 52 wks after T2/T3

Intervention

cognitive therapy, attention training and applied relaxation techniques vs waitinglist

Contacts

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Eligibility criteria

Inclusion criteria

- Patients with misophonia (criteria Schroder 2013)

- Written informed consent

- Age 18-70

Exclusion criteria

- Presence of any of the following DSM-IV-TR conditions:

-Major depression

-Major anxiety disorder

-Bipolar disorder

-Autism spectrum disorders

-Schizophrenia or any other psychotic disorder

-Substance related disorder during the past 6 months

-Any structural CNS disorder or stroke within the last year

- Currently taking benzodiazepines or stimulants

- Patients at risk for suicide

- Patients with language barriers and / or illiteracy

Study design

Design

Study type:	Interventional
Intervention model:	Crossover
Allocation:	Non controlled trial
Masking:	Single blinded (masking used)
Control:	Active

Recruitment

NL

Recruitment status:	Recruitment stopped
Start date (anticipated):	04-04-2017
Enrollment:	54
Type:	Actual

Ethics review

Positive opinion
Date: 30-05-2017
Application type: First submission

Study registrations

Followed up by the following (possibly more current) registration

ID: 43118
Bron: ToetsingOnline
Titel:

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
NTR-new	NL6304
NTR-old	NTR6479
CCMO	NL59434.018.16
OMON	NL-OMON43118

Study results

Summary results
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