

# Comparison of methods measuring body fat and body fat distribution in six- and seven-year-old children.

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This study will compare and validate different methods to estimate body fat and body fat distribution, respectively, in six- to seven-year-old children.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Other condition
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON29801

### Source

ToetsingOnline

### Brief title

Assessing body fat and body fat distribution

### Condition

- Other condition

### Synonym

overweight and obesity

### Health condition

overgewicht en obesitas

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** body composition, body fat distribution, children, validation

## Outcome measures

### Primary outcome

1. Total amount of body fat.
2. Body fat distribution.

### Secondary outcome

Not applicable.

## Study description

### Background summary

Obesity has become a worldwide problem. Not only adults, but also children and adolescents are frequently diagnosed with overweight and obesity. Treatment and prevention of obesity in an early stage of life reduces risks and complications in later life. Both the amount of body fat and body fat distribution are very important markers to assess obesity and its possible consequences. A range of methods is available for assessing body fat and body fat distribution. However, the applicability of these methods in prepubertal children is not well known.

### Study objective

This study will compare and validate different methods to estimate body fat and body fat distribution, respectively, in six- to seven-year-old children.

### Study design

This observational, cross-sectional study will compare measurements of body fat distribution (ultrasound, abdominal bioelectrical impedance analysis, waist- and hip-circumferences and skinfold thickness measurements) to the gold standard for body fat distribution, computed tomography. For total body fat, no

gold standard is available in children and all measurements of hand-to-foot bioelectrical impedance analysis, isotope dilution, DEXA and skinfolds will be compared to the frequently used body mass index (BMI).

### **Study burden and risks**

Burden and risks associated with participation in this study are minimal, since only non-invasive techniques will be used. Participation will comprise of one visit to the University Medical Center Groningen, guided by their parents or guardians and researchers from the department of Pediatrics.

## **Contacts**

### **Public**

Academisch Medisch Centrum

Hanzeplein 1  
9700 RB Groningen  
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### **Scientific**

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Children (2-11 years)

### **Inclusion criteria**

Age: six to seven years old.  
Written and informed consent.

## Exclusion criteria

Medical condition affecting body composition  
Use of medication known to affect body composition  
Alterations in posture, eg amputation  
Pacemaker

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL  
Recruitment status: Recruitment stopped

Start date (anticipated): 11-10-2006

Enrollment: 30

Type: Actual

## Ethics review

Approved WMO

Date: 19-07-2006

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL11374.042.06