# Effectiveness caries-preventive measures in children. A non-operative caries treatment programme and fluoride regime: a comparison.

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Ethical review Approved WMO

**Status** Pending

**Health condition type** Other condition **Study type** Interventional

## **Summary**

#### ID

NL-OMON29846

#### **Source**

ToetsingOnline

#### **Brief title**

Effectiveness of a "Nexo-" and fluoride regime in the Netherlands

### **Condition**

Other condition

#### **Synonym**

Caries, dental decay

## **Health condition**

gebitsaandoeningen

## Research involving

## **Sponsors and support**

**Primary sponsor:** Vrije Universiteit

Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

**Keyword:** Caries-prevention, Children, Fluoride, non operative caries treatment programme

#### **Outcome measures**

### **Primary outcome**

- 1. dmft/DMFT-scores + SIC-index changes
- 2. dmfs/DMFS-scores + SIC index changes
- 3. Costs per child / per year

## **Secondary outcome**

4. sensitivity / specificity cariësdiagnosis with diagnodent pen compared to

X-ray photos

- 5. Contentment of executing dentists / inventarisation of possible bottlenecks
- 6. Profiles of patient-categories

# **Study description**

### **Background summary**

Recent studies revealed that there is an indication that the prevalence of caries in young children is becoming more of a problem lately.

Fluoride is known to be a successfull way of preventing caries in large amounts of people. A recent study showed that a non-operative caries treatment

programme is even more succesfull, with a promissing cost-effectiveness.

## **Study objective**

To investigate whether this model, disigned in the Danish region of Bornholm, is applicable in the Dutch situation and can reach comparable results, this study is being repaeted in a regional office for children's dental care in 's Hertogenbosch and in de region of Enschede. Comparing this method with the current situation of fluoride-application and intensivated fluoride-application.

As a satelite-survey the results of a laser-fluorescence based caries-detection device is being compared to the currently used X-ray photographs

## Study design

Single blind randomised clinical trial

Children are being at random included in either group 1, 2 or 3.

group 1 Folowing the non-operative caries treatment programme, returning for their regular dental visits every 1,2 4 or 6 months, depending on their risk-assessment. resin-based sealings on indication, x-rays on indication, topical-fluoride on indication.

group 2 returning for their dental check-ups every 3 months and receiving the usual fluoride-application. otherwise not different than the usual treatments

group 3 control group: only the now usual preventive programme twice a year for checkup with the usual treatments

#### Intervention

group 1: (Nexo-group) Dental check-up interval assessed by the dentist individually at time of the check-up. Interval-time can vary from one month to nine months depending on age, oral hygiene level, attitude child/parent, eruptionlevel of permanent molars.

group 2: (fluoride group) Dental check up interval like current protocol (twice a year) with two additional fluoride-gel-applications a year

group 3: control group

## Study burden and risks

None

# **Contacts**

## **Public**

Vrije Universiteit

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## **Scientific**

Vrije Universiteit

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# **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Children (2-11 years)

## **Inclusion criteria**

On October 1st 2006 age of 5 years, 9 months +/- 6 months

## **Exclusion criteria**

none

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Primary purpose: Diagnostic

## Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-10-2006

Enrollment: 750

Type: Anticipated

## **Ethics review**

Approved WMO

Application type: First submission

Review commission: METC Amsterdam UMC

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL13709.029.06