

# Combined perfusion MRI and MR spectroscopy in multiple sclerosis

Published: 04-12-2006

Last updated: 20-05-2024

Measures of cerebral perfusion and cerebral metabolism will be compared between patients with different disease courses of MS and healthy controls. Hereby we wish to answer the following questions:- Are cerebral energy metabolism and cerebral...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Demyelinating disorders
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON30006

### Source

ToetsingOnline

### Brief title

MRI and MRS in MS

### Condition

- Demyelinating disorders

### Synonym

multiple sclerosis

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Groningen

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** magnetic resonance imaging, magnetic resonance spectroscopy, multiple sclerosis, progression

## Outcome measures

### Primary outcome

Primary endpoints:

- The difference in measures of cerebral perfusion between the groups of RRMS, SPMS, PPMS patients and healthy controls.
- The difference in measures of cerebral metabolism (as measured with MR spectroscopy) between the groups of RRMS, SPMS, PPMS patients and healthy controls.
- The correlation between measures of cerebral perfusion and cerebral metabolism in the groups RRMS, SPMS, PPMS and healthy control persons.

### Secondary outcome

Secondary endpoints:

- the correlation between clinical measures of disability with measures of cerebral perfusion
- the correlation of clinical measures of disability with measures of cerebral metabolism

## Study description

### Background summary

There are two disease courses in multiple sclerosis: (1) a form with relapses and remissions (relapsing remitting MS) and (2) a chronically progressive disease course.

Exacerbations are caused by focal inflammatory demyelinating lesions. Immunomodulatory treatments can reduce the number of relapses to some extent. The most important underlying mechanism of progression in MS is a diffuse axonal degeneration. The pathogenesis of this progressive axonal demise is unknown and there is no treatment for it.

With this study we would like to investigate the role of cerebral perfusion in the pathogenesis of progression in MS. Therefore we would like to measure brain metabolism and perfusion in healthy controls and patients with different disease courses of MS. Metabolism will be measured with <sup>1</sup>H and <sup>31</sup>P MR spectroscopy, cerebral perfusion will be measured with dynamic susceptibility contrast enhanced perfusion MRI.

### **Study objective**

Measures of cerebral perfusion and cerebral metabolism will be compared between patients with different disease courses of MS and healthy controls.

Hereby we wish to answer the following questions:

- Are cerebral energy metabolism and cerebral perfusion decreased in MS patients in an early stage of the disease (before the start of the progressive phase)?
- Are metabolism and perfusion of the cerebral white matter related to each other?
- Are cerebral perfusion and cerebral metabolism related to the degree of disability as measured with clinical rating scales?

### **Study design**

Exploratory case control study

### **Study burden and risks**

Minimal burden participants:

- one non-invasive neurologic examination
- one MRI study

## **Contacts**

### **Public**

Universitair Medisch Centrum Groningen

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### **Scientific**

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### **Inclusion criteria**

Inclusioncriteria patients:

- age 18-60 years
- diagnosis of multiple sclerosis according to the McDonald-criteria (McDonald et al., 2001).
- written informed consent;

Inclusioncriteria controls:

- age eighteen and older
- written informed consent

### **Exclusion criteria**

Exclusioncriteria patients:

- use of systemic corticosteroids in the eight weeks before start of the study
  - use of immunomodulating therapies (interferon- $\beta$ , glatiramer acetate)
  - a history of cerebral pathology other than MS (brain infarct, brain haemorrhage, Parkinson's disease, Alzheimer's disease, cerebral vasculitis, brain absces)
  - Diabetes mellitus;
- Exclusioncriteria controls:
- a history of cerebral pathology (brain infarct, brain haemorrhage, Parkinson's disease, Alzheimer's disease, cerebral vasculitis, brain absces)
  - Diabetes mellitus

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-09-2006

Enrollment: 60

Type: Anticipated

## Ethics review

Approved WMO

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register

CCMO

### ID

NL13857.042.06