Transition to participation in work of young adults with chronic disorders

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To determine the feasibility and applicability of the intervention 'Traject' to improve the participation in work of young adults (16-25 years) with a chronic disorder.

Ethical review	Approved WMO
Status	Recruiting
Health condition type	Congenital and hereditary disorders NEC
Study type	Interventional

Summary

ID

NL-OMON30058

Source
ToetsingOnline

Brief title
TRAJECT

Condition

- Congenital and hereditary disorders NEC
- Muscle disorders
- Movement disorders (incl parkinsonism)

Synonym
patients with chronic disorders

Research involving
Human

Sponsors and support

Primary sponsor: Erasmus MC, Universitair Medisch Centrum Rotterdam
Source(s) of monetary or material Support: fondsen (Johanna KinderFonds;Kinderfonds Adriaan Stichting;VSB-fonds) en UWV.

Intervention

Keyword: chronic disorder, occupational therapy, transition, work

Outcome measures

Primary outcome

primary oucome of the study is participation in work, as measured with the

Prodisq.

Secondary outcome

Secundairy outcomes of the study are:

- capacities to participate in work (occupational competence and experienced

problems in occupational performance) as measured with the WAI, OPHI-II and COPM

- improvement of general health and quality of life (RAND-36).

Next to these outcome measures the realisation of the cooperation between

rehabilitation and reintegration is evaluated, and the costs of the

intervention are determined, related to possibilities for funding or

compensation of costs.

Study description

Background summary

Young adults with a chronic disorder frequently meet barriers with respect to participation in (regular) work. These barriers are, among other things, a poor connection between several organizations and parties involved (young adults, their parents, employers, schools and colleges, (local) authorities, vocational services), limited availability of facilities and adaptations, and ignorance of regulations and procedures. Employers often are hesitant to contract young adults with a chronic disorder, because of supposed risks of less productivity and more sick-leave. In improving participation in work extra assistance by

getting acces to employment is of special importance, since research indicates that especially newcomers to the labour market experience disadvantages of a disorder or limitation(s).

Study objective

To determine the feasibility and applicability of the intervention 'Traject' to improve the participation in work of young adults (16-25 years) with a chronic disorder.

Study design

To determine the feasibility and applicability of the intervention that is developed and provided, an evaluation-study is conducted. For this purpose two groups, each consisting of 6 to 8 young adults with a chronic disorder, will receive the intervention. Because the intervention is newly developed, and the population can not accurately be estimated, the recent study will be a pilot-study, without a control-group. As the results of the pilot study show a positive effect of the intervention, a larger effectstudy will be conducted.

Intervention

The intervention consists of a combination of a group program and individual counseling and coaching, and lasts for one year. The group program consists of 6 sessions, and pays attention to coping with a chronic disorder in a work situation, personal capacities and interests, regulations and procedures, applying for a job and making a first impression. This group program will be followed by a period in which the participants will experience work in a fieldwork period, unpaid or paid job. During this period the participants will be individually coached, and this coaching can also take place in the actual work situation. During this period there will be two occasional group sessions to share experiences, and/or pay attention to a (work-related) theme of their interest.
The intervention is provided by an occupational therapist, psychologist and jobcoach.

Study burden and risks

Participation in the intervention consists of six group sessions of two hours each; this demands 12 hours time of each participant (traveling time excluded). Apart from the group sessions the participants receive individual coaching; frequency and duration of this coaching depends on their own needs and wishes.
The burden for the participants for the measurements on behalf of the study consist of participating to interviews, and filling in questionnaires.
Participants will be asked to do this twice: at the start and at the end of the study (after one year). This will take the participants 6,5 hours. The

interviews are also part of the intervention, and serve to gain insight in motivation for work, and capacities and interests in work. These interviews are also conducted in regular occupational therapy treatment.
After three months and at the end (after one year) the intervention is evaluated with the participants; this will take approximately 30 minutes.

Contacts

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Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age
Adolescents (12-15 years)
Adolescents (16-17 years)
Adults (18-64 years)
Elderly (65 years and older)

Inclusion criteria

- young adult that is minimum of 16 years, maximum of 25 years of age at the start of the study
- young adult has a chronic disorder that causes limitations

- young adult receives treatment of a rehabilitation specialist
- young adult does not participate in (paid) employment
- young adult is available for a job (does not attend professional education for longer than 3 months after the start of the intervention)

Exclusion criteria

- insufficient knowledge of Dutch language
- severe cognitive impairments and/or learning disabilities

Study design

Design

Study type: Interventional

Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Other

Recruitment

NL

Recruitment status:	Recruiting
Start date (anticipated):	01-12-2006
Enrollment:	16
Type:	Actual

Ethics review

Approved WMO

Date:	20-09-2006
Application type:	First submission
Review commission:	METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL13429.078.06