# A Randomized, Evaluator-Blind, Placebo-Controlled, Parallel-Group Dose-Ranging Exploratory Study of the Safety and Efficacy of Oral R115866 vs. R115866 Placebo in the Treatment of Plaque Psoriasis

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Ethical review Approved WMO

**Status** Pending

**Health condition type** Epidermal and dermal conditions

**Study type** Interventional

## **Summary**

## ID

NL-OMON30076

#### **Source**

**ToetsingOnline** 

## **Brief title**

Oral R115866 psoriasis dose ranging study

## **Condition**

Epidermal and dermal conditions

#### **Synonym**

**Psoriasis** 

#### Research involving

Human

**Sponsors and support** 

**Primary sponsor:** Synergie/ Ilse pharma consultancy

Source(s) of monetary or material Support: Barrier Therapeutics, Synergie; CRO of this

study

Intervention

**Keyword:** Plague, Psoriasis, study

**Outcome measures** 

**Primary outcome** 

The primary efficacy endpoint is success in the PASI, defined as a 75% or

greater reduction from baseline (Visit 2) at the end of treatment Visit 6 (week

12).

**Secondary outcome** 

The secondary efficacy endpoint is success in the PASI50 defined as a >=50%

reduction in score relative to the baseline PASI (Visit 2).

Safety parameters:

All reported adverse events will be summarized by the number and percentage of

subjects reporting adverse events, system organ class, preferred term,

intensity, and relationship to study medication.

Laboratory parameters:

For the clinical laboratory tests including hormone levels, descriptive

statistics will be presented by treatment and visit. Additionally, shift

tables which show the number of subjects with results that are low, normal, or

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high at Visit 1 versus post-Visit 1 will be tabulated by treatment and visit. •

Results of the ophthalmic tests performed at Visits 1 and 6 will be presented for the percentage and number of subjects with abnormal corneal opacity, abnormal corneal surface or abnormal eye dryness.

## Audiology parameters:

Audiology test results will be performed at Visits 1 and 6. The frequency and percentage of subjects in normal, mild and abnormal hearing categories will be tallied. Additionally, shift tables for Visit 6 vs. Visit 1 will be tabulated.

## Psychiatric parameters:

The results of the psychiatric evaluation of depression at Visits 1, 5 and 6 will be displayed as the percentage and number of subjects with significant clinical depression (defined as a score on the CES-D >=16)

# **Study description**

## **Background summary**

R115866 is a second generation all-trans retinoic acid metabolism blocking agent (RAMBA). R115866 is a novel triazole derivative with cytochrome P-450 inhibiting properties with high specificity against hydroxylases involved in the metabolic inactivation pathway of all-trans retinoic acid (RA). As a result of its cytochrome P-450 inhibiting properties, treatment with R115866 leads to enhanced tissue levels of endogenous RA thereby exerting distinct retinoid-like effects (e.g., formation of a granular layer and the transformation of the parakeratotic type of keratinization to the orthokeratotic type in the scale regions of murine tail epidermis)8 in vivo.

This property and the well-known modulating effects of RA on epithelial growth and differentiation indicate R115866 is potentially useful for disorders associated with or due to an aberrant keratinization, such as psoriasis.

## Study objective

The objective of this study is to evaluate the dose-ranging response in safety and efficacy of R115866 0.5mg, 1mg and 2mg and R115866 placebo given once daily for the treatment of subjects with plaque psoriasis to select a dose for further clinical development.

## Study design

This is a multi-center, randomized, evaluator-blind, placebo-controlled, parallel-group study of the safety and efficacy of R115866 0.5mg, 1mg and 2mg and R115866 placebo in the treatment of severe plaque psoriasis. Subjects with plaque psoriasis on >=10% body surface area (BSA) with a Psoriasis Area and Severity Index (PASI) of >=10

#### Intervention

Subjects will be randomized to R115866 0.5mg, R115866 1mg, R115866 2mg or R115866 placebo. Subjects will take the assigned study medication once daily for 12 weeks. The 12-week treatment phase will be followed by an 8-week no-treatment follow up phase.

## Study burden and risks

During Visit 1 patient will give informed consent, prior to any study related procedures. Also the Medical history will be discussed. Clinical evaluation will be done every visit.

Also 8-hour fasting routine clinical laboratory and select hormone sampling at visits 1, 4, 5, 6 and 8 (weeks -2, 4, 8, 12 and 20) will be taken. Ophthalmologic and audiology evaluations: Visits 1 and 6 (weeks -2 and 12), psychiatric evaluations: Visits 1, 5 and 6 (weeks -2, 8 and 12), Electrocardiogram (ECG): Visits 1, 4, 5 and 6 (weeks -2, 4, 8 and 12) will be done.

All these procedures are standard procedures for the hospitals participating in this study.

## **Contacts**

## **Public**

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Synergie/ Ilse pharma consultancy

Platte Akker 38 4847KP Nederland

Scientific

Synergie/ Ilse pharma consultancy

Platte Akker 38 4847KP Nederland

## **Trial sites**

## **Listed location countries**

Netherlands

# **Eligibility criteria**

## Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

Subject must be 18 years of older. Subject should be male or female not of childbearing potential. Subject should have a clinical diagnose of plaque psoriasis with a BSA of more then 10% and a PASI of more then 10.

## **Exclusion criteria**

Subject has a history of sensitivity to any of the ingredients in the study medication Subject is currently participating in, or has within the 30 days prior to the clinical trial participated in an investigational clinical trial.

# Study design

## **Design**

Study phase: 2

Study type: Interventional

Intervention model: Other

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Placebo

Primary purpose: Treatment

## Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-05-2006

Enrollment: 37

Type: Anticipated

## Medical products/devices used

Product type: Medicine

Brand name: nvy

Generic name: Rambazole

## **Ethics review**

Approved WMO

Date: 01-06-2006

Application type: First submission

Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

EudraCT EUCTR2005-004623-19-NL

CCMO NL12199.091.06