

# A Double Blind, Randomized, Placebo Controlled, Multi-Center Trial of Anti-TNF alfa Chimeric Monoclonal Antibody (Infliximab, Remicade) and Azathioprine in Patients Suffering from Systemic Lupus Erythematosus (SLE) with WHO Class V Glomerulonephritis.

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Primary: To prove that infliximab in combination with azathioprine is superior to azathioprine alone in rapidly inducing a meaningful renal improvement, defined as a reduction in preteinuria of at least 50%, in patients with membranous SLE...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Autoimmune disorders
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON30091

### Source

ToetsingOnline

### Brief title

Trial V

### Condition

- Autoimmune disorders
- Nephropathies

### Synonym

Lupus

**Research involving**  
Human

## Sponsors and support

**Primary sponsor:** Medical University of Vienna AKH, Department of Rheumatology, Internal Medicine III, Josef Smolen, MD

**Source(s) of monetary or material Support:** Centocor, Centocor B.V. Einsteinweg 101, 2333 CB Leiden

## Intervention

**Keyword:** Azathioprine, Glomerulonephritis, Infliximab, SLE

## Outcome measures

### Primary outcome

Comparison of time needed to reduce proteinuria 1.5 g/day or less between the infliximab plus azathioprine and the azathioprine only group.

### Secondary outcome

- Percentage of patients reaching reduction in proteinuria to  $\leq 1.5$  g/day, at week 12 and week 52.
- Percent reduction in proteinuria at 6 weeks, 12 weeks, 20 weeks, 36 weeks, and 52 weeks after the first infusion.
- Absolute reduction in proteinuria at 6 weeks, 12 weeks, 20 weeks, 36 weeks, and 52 weeks after the first infusion.
- Percent reduction in SLE disease activity
- Absolute reduction in SLE disease activity
- Changes in Quality of life
- Changes in Fatigue

# Study description

## Background summary

Systemic Lupus Erythematosus (SLE) is a prototypical autoimmune disease in which a variety of autoantibodies, and the consecutive formation of immune complexes ultimately inflict injury on a variety of organ systems. The classical severe lupus organ manifestation is immune-complex glomerulonephritis. Standard treatment for WHO class V glomerulonephritis has yet to be defined. Some patients respond favourably to ACE inhibitors with or without glucocorticoids, but for those not responding sufficiently, the overall risk of renal failure, cardiovascular complications and death is considerable. In the limited experience with infliximab therapy in SLE patients, infliximab in combination with azathioprine was safe and led to rapid improvement in proteinuria in all patients treated so far, including patients with class V glomerulonephritis.

## Study objective

Primary: To prove that infliximab in combination with azathioprine is superior to azathioprine alone in rapidly inducing a meaningful renal improvement, defined as a reduction in preteinuria of at least 50%, in patients with membranous SLE glomerulonephritis not adequately responding to ACE inhibitors and glucocorticoids.

Secondary: Lab studies on renal markers, disease activity measurements, safety evaluation of infliximab for this population, general quality of life and fatigue.

## Study design

This is a double-blind, randomized, placebo-controlled trial in which treatment of the combination of infliximab and azathioprine will be compared to azathioprine alone in patients with SLE and WHO class V glomerulonephritis.

## Intervention

Subjects will be randomly assigned to one of the 2 groups. Subjects in both groups will receive azathioprine on a daily basis, administered orally. The dose build up should be done in 50 mg steps every two weeks, up to a total daily dose of 2 mg/kg. Subjects in the experimental group will receive, next to azathioprine, Infliximab infusions at weeks 0, 2, 6 and 10. The total dose (5 mg/kg) will be administered over a period of 2 hours. Subjects in the control group will receive a placebo-infusion (saline solution 0.9%) at these

times.

## Study burden and risks

After informed consent has been obtained, subjects that meet all eligibility criteria will be screened and randomized. 3 Days prior to the first infusion of the blinded infliximab/placebo infusion, treatment with azathioprine will be started.

There will be 12 visits to the site in total en the following procedures will be performed at various visits throughout the study: Medical and medication history, physical exam, vital signs, blood pressure, heart rate, ECG, TBC skin test, chest x-ray, pregnancy test, Hepatitis B and C tests, ESR, haematology and serum chemistry, serum samples, urine analysis, recording concomitant medication, receive study medication. Adverse events will be recorded throughout the study.

The most frequently reported adverse events are infections and infusion reactions and these are the most important reason for discontinuing of the treatment.

## Contacts

### Public

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- SLE with biopsy-proven membranous glomerulonephritis (WHO class V)
- Proteinuria >3g/day despite adequate therapy with ACE inhibitors
- Individuals (>18 years) who have the capacity to understand and sign an informed consent
- No evidence of current active TB or old inactive TB

### Exclusion criteria

- Active WHO class IV SLE nephritis
- Treatment with azathioprine / cyclophosphamide within the previous 12 months, or with cyclosporine within the previous 6 weeks
- Active cerebral SLE
- Active infection, malignancy

## Study design

### Design

Study phase:	3
Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Active
Primary purpose:	Treatment

### Recruitment

NL

Recruitment status: Pending

Start date (anticipated):	01-05-2006
Enrollment:	30
Type:	Anticipated

## Medical products/devices used

Product type:	Medicine
Brand name:	Azathioprine
Generic name:	Imuran
Registration:	Yes - NL intended use
Product type:	Medicine
Brand name:	Remicade
Generic name:	Infliximab
Registration:	Yes - NL outside intended use

## Ethics review

Approved WMO	
Date:	11-05-2006
Application type:	First submission
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO	
Date:	02-08-2006
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
EudraCT	EUCTR2005-004067-30-NL
CCMO	NL11519.042.06