

# rational rehabilitation in therapy resistant PTSS

Published: 19-09-2006

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to reduce ptsd symptoms and psychological suffering in general, and to improve quality of life

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Deliria (incl confusion)
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON30112

### Source

ToetsingOnline

### Brief title

PTSS-RR

### Condition

- Deliria (incl confusion)

### Synonym

traumatized, victim

### Research involving

Human

### Sponsors and support

**Primary sponsor:** GGZ Groningen (Groningen)

**Source(s) of monetary or material Support:** eigen budget GGZ Groningen

### Intervention

**Keyword:** cognitive behavioural therapy, ptsd, randomized controlled trail, therapy resistant

## Outcome measures

### Primary outcome

ptsd sympoms

psychological suffering / wellbeing

quality of life

### Secondary outcome

autonomy

social functioning

help request

## Study description

### Background summary

Chronic PTSD has great negative impact on psychological wellbeing and quality of life. Whenever regular treatment with evidence based psychological interventions is not succesful, rational rehabilitation, a short new cognitive behavioural intervention, seems worthwile since it proved to be effective in chronic psychiatric diseases.

### Study objective

to reduce ptsd symptoms and psychological suffering in general, and to improve quality of life

### Study design

open, randomized (waitinglist) controlled trail

### Intervention

rational rehabilitation, short cognitive behavioural therapy

### Study burden and risks

filling in questionnaires, max. 4 x 30 minutes

## Contacts

### **Public**

GGZ Groningen (Groningen)

Postbus 86  
9700 AB Groningen  
Nederland

### **Scientific**

GGZ Groningen (Groningen)

Postbus 86  
9700 AB Groningen  
Nederland

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

ptsd (dsm-IV), evidence based psychological intervention completed, persistent ptss-related symptoms

### Exclusion criteria

actual ongoing ptss related treatment, mental retardation, involuntary treatment, psychiatric comorbidity (dsm-IV, axis 1)

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)

**Primary purpose:** Treatment

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-09-2007
Enrollment:	50
Type:	Anticipated

## Ethics review

Approved WMO	
Date:	19-09-2006
Application type:	First submission
Review commission:	METIGG: Medisch Ethische Toetsingscommissie Instellingen Geestelijke Gezondheidszorg (Utrecht)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

ID: 28395  
Source: NTR

Title:

## In other registers

Register	ID
CCMO	NL13920.097.06
OMON	NL-OMON28395